

ITINERARY

ALASKA FALL TREASURE HUNT

RARITIES ON ST. PAUL & NORTHERN DELIGHTS IN BARROW

Part I: Rarities on the Pribilofs, September 30-October 8, 2020

Part II: Ross's Gulls in Barrow, October 7-11, 2020



St. Paul Island is known for vagrants of many species, including shorebirds like this Gray-tailed Tattler. The Pribilofs are one of the few locations where this species can be found in North America. Photograph by guide Tom Johnson.

We include here information for those interested in the 2020 Field Guides Alaska Fall Treasure Hunt; Rarities on the Pribilofs and Ross's Gulls in Barrow Tour:

- a general introduction to the tour
- a description of the birding areas to be visited
- an abbreviated daily itinerary with some indication of the nature of each day's birding outings

Those who register for the tour will be sent this additional material:

- an annotated list of the birds recorded on a previous year's Field Guides trip to the area, with comments by guide(s) on notable species or sightings (may be downloaded from our web site)
- a detailed information bulletin with important logistical information and answers to questions regarding accommodations, air arrangements, clothing, currency, customs and immigration, documents, health precautions, and personal items
- a reference list
- a Field Guides checklist for preparing and keeping track of the birds we see on the tour
- after the conclusion of the tour, a list of birds seen

We'll start with a treasure hunt for Asian migrants (and American ones too!) on St. Paul Island in the Bering Sea before spending several days above 71 degrees North latitude at Barrow (now known officially as Utqiagvik), the US's northernmost point, looking for the legendary Ross's Gull, Snowy Owls, loons, eiders, and possibly even Polar Bear and Ivory Gull.

Few birds in North America elicited more excitement when they were discovered than the diminutive, elegant Ross's Gull of the High Arctic. To see one in the Lower 48, you need to be lucky; you just can't predict when one will show up. This is often not so in Barrow in early October! Barrow is unique in many ways, and one of the more fascinating attributes of this remote site on the Arctic Ocean shore is its geographic position for witnessing the annual fall migration of Ross's Gulls. It's a migration phenomenon first witnessed here in the late 1800's and first documented in the 1970's and 1980's. Every fall, beginning in late September, the majority of the world's Ross's Gulls migrate past this remote outpost from the Chukchi Sea in Arctic Russia to the Beaufort Sea in Arctic Alaska.

Strong onshore winds often bring these Ross's Gulls within view of land, and local weather conditions sometimes force thousands of these beautiful, pink-plumaged birds close to shore, and some may linger to feed in the coastal habitats at this season. Small numbers of these gulls would be memorable enough, but the chance to bear witness to the spectacle of large numbers (we saw 1,200+ on one of our tours!) is one of the great opportunities of North American birding.

During this fall season, Barrow offers the chance for other prizes as well, including Spectacled, King, and Common eiders, Yellow-billed Loon, Snowy Owl, and perhaps even an Ivory Gull or a Polar Bear.

We now combine our proven Barrow trip with a journey to St. Paul Island to search for the Asian migrants that stop off on this lonely Bering Sea outpost. Late September and early October has proven to be one of the peak times for high quality Asian migrants to appear here. Though the avian prizes vary from year to year, some of the exciting birds that have appeared regularly during this date range in recent years have included Tufted Duck, Common Snipe, Jack Snipe, Gray-tailed Tattler, Gyrfalcon, Brambling, Eurasian Skylark, Eyebrowed Thrush, Siberian Accentor, Olive-backed Pipit, Common Rosefinch, McKay's Bunting, Rustic Bunting, and Little Bunting. There has also been a who's who of even rarer "megas" that have shown up on the island at least once during this time span, including multiple of which were the first sightings of those species in North America, so you really never know what lies around the next corner there! Some of these rarer birds have included Hawfinch, Eurasian Bullfinch, Mottled Petrel, Marsh Sandpiper, Spotted Redshank, Gray Wagtail, Wood Warbler, Yellow-browed Warbler, Common Redstart, and Pallas's Rosefinch, to mention just a few. We'll check multiple migrant hotspots each day, and we'll walk through dense patches of island vegetation to look for skulking passerines and wetland birds. There is a very large pool of potential migrants we have a chance to encounter, though we will certainly not see all of them – that dynamic is part of the fun of this treasure hunt. The suite of species fluctuates substantially year-to-year and is strongly weather dependent, but we stand an excellent chance of finding some Old World and Arctic goodies during our visit to this special island. The seabird show of the summer months is not at full force during early October, but we should find Short-tailed Shearwaters, both Tufted and Horned Puffins, and Red-faced Cormorants. We stand a reasonable chance of finding Red-legged Kittiwakes and other Alaskan-breeding alcids during our travels around the island.

Bring your jacket, hat, boots, and adventurous spirit, and join us for this special Alaskan quest!



Many Ross's Gulls move along the coast of Alaska near Barrow in the fall. Our tour is timed to coincide with this movement, and we'll hope for a significant push of these lovely small gulls. Photograph by guide Tom Johnson.

We want to be sure you are on the right tour! Below is a description of the physical requirements of the tour. If you are concerned about the difficulty, please contact us about this and be sure to fully explain your concerns. We want to make sure you have a wonderful time with us, so if you are uncomfortable with the requirements, just let us know and we can help you find a better fitting tour! Field Guides will not charge you a change or cancellation fee if you opt out within 10 days of depositing.

About the Physical Requirements & Pace:

- **TRAILS & WALKING:** On St. Paul Island, moderate amounts of walking (1-2 miles) at slow pace, sometimes on uneven terrain, as over rocks or through dense vegetation, but activity such as this will be interspersed with seawatching and lunch breaks. Elsewhere, walks will be shorter.
- **POTENTIAL CHALLENGES:** We will likely stand for long periods to observe birds. In Anchorage and Barrow, getting in and out of vans and walking for short stretches will be the most challenging aspects of the tour. Walking on snow, ice, and uneven ground requires a good sense of balance.
- **PACE:** No early mornings (sunrise isn't until after 9:00 a.m.), but we will utilize the few daylight hours available for birding, weather permitting.
- **WEATHER:** Average temperatures in Alaska in October are cold, usually 30-45 F at St. Paul Island and in the 20's F at Barrow. Strong winds and humid air can make air temperatures feel much colder. The Information Bulletin for this tour has information on recommended cold-weather clothing and gear.
- **VEHICLE SEATING:** So that each participant has equal opportunity during our travel, we employ a seat rotation system on all tours. Participants will need to be flexible enough to maneuver to the back of the vehicle on occasion. Those who experience motion sickness will need to bring adequate medication for the duration of the tour, as we are not able to reserve forward seats for medical conditions.
- **BATHROOM BREAKS:** Bathroom stops at indoor restrooms will be made regularly; comfort stops in nature are also possible, should the need arise.
- **OPTING OUT:** Participants can easily opt to sit out a day or sometimes a half-day except on travel days.

If you are uncertain about whether this tour is a good match for your abilities, please don't hesitate to contact our office; if they cannot directly answer your queries, they will put you in touch with your guide(s) for the tour.

About the Birding Areas



St. Paul Island – The Pribilof Islands are some of the most isolated islands in the Bering Sea. While St. Paul Island is world renowned for the cornucopia of wildlife it hosts during the spring and summer months, fall is a very overlooked time of year here. The isolation that makes it so attractive to breeding seabirds also positions it very well to host southbound migrants blown off course over the sea from either Asia or North America, as well as some trans-Beringian migrants whose routes take them right over the islands. We will scour all the nooks and crannies of St. Paul in search of rare gems among the expected species. Most of the migrant traps that the birds favor are fairly close to the roads and consist of either rocky windbreaks or tall patches of thick vegetation that simulate forest, a habitat type completely lacking on the island. There are several productive freshwater marshes and lakes on the island that we will regularly check in pursuit of birds such as snipe and waterfowl. Because we would get our feet wet in regular shoes here, we recommend that you wear insulated

waterproof knee-high boots such as Xtra-tuffs or Muck Boots (some people prefer using NEOS overshoes over their regular shoes or hiking boots in these conditions). In addition to searching for landbird migrants, we will also spend time seawatching from elevated vantage points along the coast. Your guide has extensive experience on the island and will help to shape the birding plan to maximize our results based on daily weather conditions.

Anchorage area – Anchorage is the largest city in Alaska and the hub for all of our birding activities in the state. Around 300,000 people live in the Anchorage area, roughly 40% of the state’s population! On our day here between birding St. Paul Island and Barrow, we’ll search for boreal landbirds like northern finches (crossbills, Pine Grosbeak, redpolls), Bohemian Waxwing, Black-backed and American Three-toed Woodpeckers, Spruce Grouse, American Dipper, and other specialties. Finding the nomadic woodpeckers may involve driving in a van to the north, rounding the Knik Arm, and heading to a recently burned patch of forest near Willow where we’ve had good success in recent years. We may also search several of Anchorage’s lakes and coastal hotspots in pursuit of waterfowl and gulls.



We'll have a day in the Anchorage region to search for boreal forest specialties like this American Three-toed Woodpecker. Photograph by guide Tom Johnson.

Barrow - The land near the far-northern town of Barrow (now officially known by its native name of “Utqiaġvik” — *oot-kay-ahg-vik*—after a 2016 vote) is a flat, watery expanse in the grip of permafrost. The landscape is fractured into a maze of giant, ice-wedge polygons, a pattern resulting from the continual freezing and thawing of the surface of the land. The “aufeis,” overhanging shelves of ice formed by overflow waters of northflowing rivers, look like rivers of ice from the air. And “pingos,” or ice blisters—frozen hills formed by ice forced to expand upward in drained depressions—contribute further to the unique and fascinating aspect of Alaska’s North Slope. Our flights from Anchorage take us across 570 miles of northern Alaska and leave us on the coast of the Arctic Ocean at 71 degrees 20 minutes North latitude, more than 300 miles above the Arctic Circle! Clearly, Point Barrow, the northernmost point in Alaska, is off the beaten track. This is not hard to understand, for Barrow is a place of extremes, where the summer sun does not sink below the horizon for 67 days straight (and it is not dark for another 52 days!). On the other side of the coin, the sun does not shine on the town for 67 days straight in the winter; the weather is calm only 1% of the year; and annual precipitation is a meager 5 to 8 inches, the lowest in Alaska.

Many of you are familiar with the bounty of birds to be found here during the breeding season from taking springtime tours to this fine destination. Breeding shorebirds, loons, eiders, Snowy Owls, Snow Buntings, and others highlight a visit here in late June. By early October, when the daylight hours have been reduced from twenty-four to about ten, nearly all of Barrow’s summer residents have long since headed south for the winter. Still, some species linger in the open waters offshore and the Ross’s Gull migration, the object of our visit at this season, is well underway. With some luck, we could encounter a few small groups of Spectacled Eiders among the much more common King and Common eiders, good numbers of Yellow-billed Loons, or maybe even an Ivory Gull among the more common Glaucous Gulls. Most of our birding here will be from our comfortable vans or along the roadside. We may also include an afternoon foray to Pt. Barrow to search for Polar Bear if the conditions are right and if local reports indicate that it would be worth our while. Temperatures are likely to range from lows in the 20’s or high teens to highs in the low to mid-30’s.



*The tiny Red-flanked Bluetail, an Asian migrant, is an example of the rarities we hope to find on St Paul Island.
Photograph by participant Lyle Hamilton.*

Itinerary for Alaska Fall Goldmine: Ross's Gulls In Barrow & Rarities On St. Paul

Part One—September 30-October 8, 2020

Day 1, Wed, 30 Sep. Arrival in Anchorage. You can take the free courtesy shuttle to the Coast International Inn. We will meet in the lobby of the Coast International for dinner at 6 PM and will go over the tour plan before getting a good night's sleep. Night in Anchorage.

Day 2, Thu, 1 Oct. To the Pribilofs. Breakfast at our Anchorage hotel. Depending on our flight time, we may have a chance for a walk around a lake adjacent to the hotel and look for waterbirds and songbirds. Anchorage sunrise is after 8 AM on this date. Mid-morning, we'll transfer to the Anchorage airport for our lunchtime flight out to St. Paul Island in the Bering Sea. Once on St. Paul, we'll check into our hotel rooms and then head straight out into the field after changing into our field clothes. It's important for this day that you wear your boots onto the plane and that you bring your optics and suitable waterproof outerwear with you in your carry-on luggage. Sometimes the airline will delay checked baggage deliveries, and we want to make sure that you make it to the island with what you need to enjoy the birding there. Night on St. Paul Island.

Days 3-6, Fri-Mon, 2 Oct-5 Oct. St. Paul Island. We will spend our time searching migrant hotspots and scanning the coastline of St. Paul Island. In addition to local specialties like Red-faced Cormorant, a few lingering alcids, and perhaps Red-legged Kittiwakes, we'll focus our attention on finding migrant birds, hopefully including some vagrants from Asia. Our success will depend on how much time we spend in the field, the weather, and of course, other random variables that only the birding gods can adjust. Whatever happens, this is sure to be an exciting time. Nights on St. Paul Island.

Day 7, Tue, 6 Oct. St. Paul Island; evening flight to Anchorage. We will spend the whole morning birding on St. Paul Island before packing up for our afternoon flight back to Anchorage. In Anchorage, we will head to dinner at a restaurant close to our hotel. Night in Anchorage.

Day 8, Wed, 7 Oct. Anchorage. This is a flexible day in Anchorage to help mitigate against possible weather-related delays involving the flight back from St. Paul Island; however, it also gives us the opportunity to pursue some excellent mainland Alaskan species that we wouldn't otherwise find on this tour. We will start with breakfast at our hotel, and then we'll head into the field. We may go looking for Black-backed and American Three-toed Woodpeckers if they are still

present around recent burns in the region (potentially as far north as Willow), take an early morning look for Spruce Grouse, or head to the Anchorage coastline in pursuit of waterbird migrants. In addition to the above mentioned species, we'll focus on searching for other specialties such as crossbills, American Dipper, and Canada Jay, but **the birding plan today will be flexible** based on weather conditions and recent reports from our friends in Anchorage. We'll have a restaurant lunch midway through the day, and we'll return back to our Anchorage hotel before dinner. Night in Anchorage.

If you have just arrived in Anchorage for Part II of the tour, please plan to meet the rest of the group in the lobby of our hotel at 6:30 p.m. for dinner unless there's a note at the front desk from your guide stating otherwise. Night in Anchorage. Farewell to those tour participants departing for home the next day and welcome to anyone newly arrived for the second part of the tour!



*While we are searching for Ross's Gulls, we'll see flocks of migrating sea ducks like these Common Eiders.
Photograph by guide Doug Gochfeld.*

Part Two—October 7-11, 2020

Day 9, Thu, 8 Oct. Flight to Barrow. Off to the Far North! We'll take an **early morning** flight across the Arctic Circle to Barrow, where we'll have the whole afternoon to bird after we pick up our rental vans and check into our hotel. Don't worry – there will be time to change into cold-weather clothing before we head out to the coast to start our search for Ross's Gulls and more! Night in Barrow.

Days 10 -11, Fri-Sat, 9-10 Oct. Birding the Barrow area. Birding in Barrow. The air temperature will be cold, but we'll stay warm with excitement and regular intervals in the heated vans and indoors for meals. Prepare to search for Ross's Gulls, Yellow-billed Loons, multiple species of eiders, and Polar Bear. Meals and lodging will be at the luxurious Top of the World Hotel. Depending on conditions and vehicle availability, on one day here, we might be able to take an off-road, 4x4 tour of Point Barrow (though this has not been an option for the past couple of years). Nights in Barrow.

Day 12, Sun, 11 Oct. Barrow to Anchorage; departure for home. After breakfast at the Top of the World Hotel, we'll transfer to the airport for a morning flight back to Anchorage. You may schedule your departure from Anchorage anytime after 6:00 p.m.

About Your Guide

Tom Johnson grew up surrounded by birds in central Pennsylvania. Fascinated by science and the outdoors, and encouraged by his mom and dad, Tom developed an obsession with birds at an early age. He banded migrant landbirds and owls, conducted point counts for the Pennsylvania Breeding Bird Atlas, and set off on many road trips to learn about North American birds.

Tom was fortunate to complete his undergraduate studies at Cornell University within the inspiring orbit of the Cornell Lab of Ornithology. Following university, Tom surveyed desert birds in Arizona and California and studied seabirds from NOAA ships between Nova Scotia and the Bahamas. He is an eBird reviewer, a regional editor for *North American Birds*, a regular contributor to *Birding*, and a member of the ABA Checklist Committee.

Now living in Maryland, Tom devotes his energy to recording bird sounds, photographing flying birds, searching for vagrants and puzzling hybrids, night birding, and reading as much as he can. He's an inveterate road tripper and frequently looks for excuses to travel long distances in pursuit of birds and mammals. You might also find him on a boat looking for tubenoses and other seabirds just about anywhere.

Tom loves helping others pursue their passion for birding and the outdoors and has felt lucky to lead tours for Field Guides around the world since 2014. Though he focuses on the Neotropics and North America, Tom has a diverse schedule that includes Antarctica, India, Australia, and more.

"Tom has an amazing knowledge of birds and the natural world. His enthusiasm and professionalism comes through so much. He kept us on schedule -yet allowed for some great diversions that showed up. Field Guides is so fortunate to have him guiding." L.T. Arizona Nightbirds & More

Visit <https://fieldguides.com/guides> for Tom's complete tour schedule; just click on his photo.

Financial Information

FEE: \$7950 (includes a \$250 combined tour discount) from Anchorage; (Part I only-\$5450; Part II only-\$2750)

All fees include flights within Alaska.

DEPOSIT: \$900 per person (full tour); \$600 (Part I) or \$300 (Part II)

FINAL PAYMENT DUE: Tour I-June 2, 2020; Tour II-June 9, 2020

SINGLE SUPPLEMENT (Optional): \$1125 (full tour); \$700 (Part 1) or \$425 (Part II)

LIMIT: 7

Other Things You Need to Know

TOUR MANAGER: The manager for this tour is Tina Rose. Tina will be happy to assist you in preparing for the tour. If you have any questions, please don't hesitate to call her!

AIR ARRANGEMENTS: Field Guides is a full service travel agency and your tour manager will be happy to assist you with flights to join this tour. Field Guides does not charge a service fee for these services to clients booking a tour. However, we understand that tech-savvy clients often prefer to shop online or that you may wish to use mileage to purchase tickets. Regardless of which method you choose, your tour manager will be happy to provide assistance regarding ticket prices and schedules, along with rental cars and extra hotel nights as needed.

Please be sure to check with your tour manager prior to purchasing your ticket to make sure the flights you have chosen will work well with the tour itinerary and that the tour is sufficiently subscribed to operate. Once purchased, most airline tickets are non-refundable and carry a penalty to change. Field Guides cannot be responsible for these fees.

Also, it is imperative that we receive a copy of your comprehensive flight itinerary—including any and all flights not covered in the tour fee—so that we may track you in the event of missed connections, delays, or other mishaps.

LUGGAGE: Please be aware that many airlines have recently modified their luggage policies and are charging additional fees for checked bags. Updates could easily occur before your departure, so you may wish to contact your airline to verify the policy. Additional charges for bags on any flights, whether these flights are covered by the tour fee or not, will be the client's responsibility.

TOUR INCLUSIONS/EXCLUSIONS: The **tour fee** for the **full tour** is **\$7950** (includes a \$250 discount) for one person in double occupancy from Anchorage. It includes all lodging from Day 1 through Day 11, all meals from dinner on Day 1 through breakfast on Day 12, *all flights within Alaska as outlined in this tour itinerary*, all ground transportation, entrance fees, baggage handling, and the guide services of the tour leader(s). Tipping at group meals and for drivers, porters, and local guides is included in your tour fee and will be handled for the group by your Field Guides leader(s). However, if you would like to recognize your Field Guides leader(s) or any local guide(s) for exceptional service, it is entirely appropriate to tip. We emphasize that such tips are optional and not expected.

The above fee does **not** include your airfare to and from Anchorage, airport taxes, any checked or carry-on baggage charges imposed by the airlines, any taxi hire to or from the airport, any alcoholic beverages, optional tips to local drivers, phone calls, laundry, or other items of a personal nature.

The **single supplement** for the full tour is **\$1125**.

The fee for **Part I** is **\$5450** for one person in double occupancy from Anchorage. It includes all lodging from Day 1 through Day 8, all meals from dinner on Day 1 through dinner on Day 8, the flights from Anchorage to the Pribilofs and return as outlined in this tour itinerary, all ground transportation, entrance fees, baggage handling, and the guide services of the tour leader(s). Tipping at group meals and for drivers, porters, and local guides is included in your tour fee and will be handled for the group by your Field Guides leader(s). However, if you would like to recognize your Field Guides leader(s) or any local guide(s) for exceptional service, it is entirely appropriate to tip. We emphasize that such tips are optional and not expected.

The above fee does **not** include your airfare to and from Anchorage, airport taxes, any taxi hire to or from the airport, any checked or carry-on baggage charges imposed by the airlines, breakfast on the morning of Day 9, any alcoholic beverages, optional tips to local drivers, phone calls, laundry, or other items of a personal nature.

The **single supplement** for Part I is **\$700** (singles may not be available on the Pribilofs).

The fee for **Part II** is **\$2750** for one person in double occupancy from Anchorage. It includes all lodging from Day 8 through Day 11, all meals from dinner on Day 8 through breakfast on Day 12, the flights Anchorage/ Utqiagvik(Barrow)/Anchorage as outlined in this tour itinerary, boat trips, all ground transportation, entrance fees, baggage handling, and the guide services of the tour leader(s). Tipping at group meals and for drivers, porters, and local guides is included in your tour fee and will be handled for the group by your Field Guides leader(s). However, if you would like to recognize your Field Guides leader(s) or any local guide(s) for exceptional service, it is entirely appropriate to tip. We emphasize that such tips are optional and not expected.

The above fee does **not** include your airfare to and from Anchorage, airport taxes, any taxi hire to or from the airport, any checked or carry-on baggage charges imposed by the airlines, any alcoholic beverages, optional tips to local drivers, phone calls, laundry, or other items of a personal nature.

The **single supplement** for Part II is **\$425**.

*If you do not have a roommate but wish to share, we will try to pair you with a roommate from the tour; but if none is available, you will be billed for the single supplement. Our tour fees are based on double occupancy; one-half the cost of a double room is priced into the tour fee. The single supplement is calculated by taking the actual cost of a single room and subtracting one-half of the cost of a double room (plus any applicable taxes).

TOUR LIMITS: Our limits are firm and we don't exceed the limit by one to accommodate a couple when only one space remains open. However, on occasion, we will send along a guide in training on a tour. In these cases one seat in the van or bus will be taken by the guide in training. Our guides will have a rotation system within the vehicle so that clients share the inconvenience equally. We hope this minor inconvenience will be more than offset by the advantages of having another guide along.

TOUR REGISTRATION: To register for this tour, complete the Registration/Release and Indemnity form and return it with a **deposit of \$900** per person (**\$600—Part I only; \$300—Part II only**). If registering by phone, a deposit must be received within fourteen days, or the space will be released. **Full payment** of the tour fee is due 120 days prior to departure, or **by June 2, 2020 (Part I) or June 9, 2020 (Part II)**. **We will bill you for the final payment at either 120 days or when the tour has reached sufficient subscription to operate, whichever date comes later.** Since the cost of your trip insurance and airline tickets is generally non-refundable, please do not finalize these purchases until you have received final billing for the tour or have been advised that the tour is sufficiently subscribed to operate by your tour manager.

SMOKING: Almost all of our clients prefer a smoke-free environment. If you smoke, please be sensitive to the group and refrain from smoking at meals, in vehicles, and in proximity to the group on trails and elsewhere.

CANCELLATION POLICY: Refund of deposit and payment, less \$100 handling fee, will be made if cancellation is received up to 120 days before departure. If cancellation occurs between 119 and 70 days before the departure date, 50% of the tour fee is refundable. Thereafter, all deposits and payments are not refundable.

This policy only applies to payments made to Field Guides for tour fees (and any services included in those fees). Airline tickets not included in the tour fee and purchased separately often carry penalties for cancellation or change, or are sometimes totally non-refundable. Additionally, if you take out trip insurance the cost of the insurance is not refundable so it is best to purchase the policy just prior to making full payment for the tour or at the time you purchase airline tickets, depending upon the airlines restrictions.

The right is reserved to cancel any tour prior to departure, in which case full refund will constitute full settlement to the passenger. The right is reserved to substitute in case of emergency another guide for the original one.

TRIP CANCELLATION & MEDICAL EMERGENCY INSURANCE: We strongly recommend you consider purchasing trip cancellation (including medical emergency) insurance to cover your investment in case of injury or illness to you or your family prior to or during a trip. Because we must remit early (and substantial) tour deposits to our suppliers, we cannot offer any refund when cancellation occurs within 70 days of departure, and only a partial refund from 70 to 119 days prior to departure (see CANCELLATION POLICY). In addition, the Department of State strongly urges Americans to consult with their medical insurance company prior to traveling abroad to confirm whether their policy applies overseas and if it will cover emergency expenses such as a medical evacuation. US medical insurance plans seldom cover health costs incurred outside the United States unless supplemental coverage is purchased. Furthermore, US Medicare and Medicaid programs do not provide payment for medical services outside the United States.

When making a decision regarding health insurance, Americans should consider that many foreign doctors and hospitals require payment in cash prior to providing service and that a medical evacuation to the United States may cost well in excess of \$50,000. Uninsured travelers who require medical care overseas often face extreme difficulties. When consulting with your insurer prior to your trip, please ascertain whether payment will be made to the overseas healthcare provider or whether you will be reimbursed later for expenses that you incur.

US citizens will receive from us a brochure regarding optional tour cancellation/emergency medical insurance. Our agent, CSA, will insure for trip cancellation and interruption, medical coverage, travel delay, baggage loss and delay, and emergency medical transportation. **Currently we are unable to offer CSA insurance policies to residents of New York and Hawaii.** We have had clients provide positive feedback after acquiring insurance with InsureMyTrip (www.insuremytrip.com) in the past, and would suggest that company as an alternative. Please let us know if you have any questions about this. If you purchase the insurance within 24 hours of making final payment for the tour, and cover all non-refundable parts of the trip (including any non-refundable flights), pre-existing conditions are covered. The CSA brochure includes a contact number; you may also purchase your CSA policy on-line by visiting our website at <https://fieldguides.com/travelinsurance.html> and clicking the link to CSA. Please note, once the insurance is purchased it is non-refundable, so please check with your tour manager prior to making the purchase to assure the tour will operate as scheduled. Citizens of other countries are urged to consult their insurance broker.

RESPONSIBILITY: For and in consideration of the opportunity to participate in the tour, each tour participant and each parent or legal guardian of a tour participant who is under 18 agrees to release, indemnify, and hold harmless Field Guides Incorporated, its agents, servants, employees, shareholders, officers, directors, attorneys, and contractors as more fully set forth in the Release and Indemnity Agreement on the reverse side of the registration form. Field Guides Incorporated acts only as an agent for the passenger in regard to travel, whether by railroad, motorcar, motor coach, boat, airplane, or other means, and assumes no liability for injury, damage, loss, accident, delay, or irregularity caused by defect in such vehicles or for any reason whatsoever, including the acts, defaults, or bankruptcies of any company or person engaged in conveying the passenger or in carrying out the arrangements of the tour. Field Guides Incorporated accepts no responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, or other causes. The tour participant shall bear all such losses and expenses. Field Guides Incorporated reserves the right to substitute hotels of similar category for those indicated and to make any changes in the itinerary where deemed necessary or caused by changes in air schedules. Field Guides Incorporated reserves the right to decline to accept or to retain any person as a member of any tour. Baggage is at owner's risk entirely.

Participants should be in good health and should consult a physician before undertaking a tour. If you have questions about the physical requirements of a tour, please contact our office for further information. Participants should prepare for

the tour by reading the detailed itinerary, the information bulletin, and other pertinent matter provided by Field Guides. Each participant is responsible for bringing appropriate clothing and equipment as recommended in our bulletins.

THE RECEIPT OF YOUR TOUR DEPOSIT SHALL BE DEEMED TO BE CONSENT TO THE ABOVE CONDITIONS. EACH TOUR PARTICIPANT AND EACH PARENT OR LEGAL GUARDIAN OF A TOUR PARTICIPANT WHO IS UNDER 18 SHALL SIGN AND DELIVER THE RELEASE AND INDEMNITY AGREEMENT AT THE TIME OF REGISTRATION.

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