# ITINERARY

## **GHANA**

March 16-April 4, 2024



The White-necked Rockfowl is a large passerine found only in a small area of western Africa that includes the southwestern corner of Ghana. These birds are uncommon and vulnerable, making them a much-wanted species for birders!

We've had good luck finding them on our tour. Photograph by participant Kirsten Tucker.

We include here information for those interested in the 2024 Field Guides Ghana tour:

- a general introduction to the tour
- a description of the birding areas to be visited on the tour
- an abbreviated daily itinerary with some indication of the nature of each day's birding outings

Those who register for the tour will be sent this additional material:

- an annotated list of the birds recorded on a previous year's Field Guides trip to the area, with comments by guide(s) on notable species or sightings (may be downloaded from our web site)
- a detailed information bulletin with important logistical information and answers to questions regarding accommodations, air arrangements, clothing, currency, customs and immigration, documents, health precautions, and personal items
- a Field Guides checklist for preparing and keeping track of the birds we see on the tour
- after the conclusion of the tour, a list of birds seen on the tour

**W**ith over 755 species of birds, Ghana is an exciting birding destination, featuring excellent opportunities for a number of West African endemics and other highly prized avian species. Foremost perhaps among those endemics is the legendary White-necked Rockfowl, *Picathartes gymnocephalus*, a sensational prize. The site in Ghana is one of the best in West Africa, with a colony of the birds constructing their bulky mud-cup nests on an overhanging rock face deep in the forest. Enjoying this "charisma bird," one of just two members of the family, will doubtless be one of the highlights of the tour, which makes for an excellent introduction to West African birding in a bustling, safe and fast-developing country.

We will also visit several of the country's national parks, including Kakum Forest with its spectacular canopy walkway, ideal for providing access to a range of canopy dwellers. In addition to many world-class species, Kakum Forest hosts a remarkable array of hornbills: the rare Black-casqued, Yellow-casqued and Brown-cheeked, both Red-billed and Black Dwarf, and White-crested! We'll also visit Bobiri Butterfly Sanctuary, critical in conserving another fragment of the sorely endangered West African primary lowland forest; the nearby and now gravely threatened by a Chinese bauxite mining proposal, Atewa reserve, conserving forest that holds additional species including Blue-moustached Bee-eater, Blue-breasted Kingfisher and Red-cheeked Wattle-eye; the drier savannas at Shai Hills; and Mole National Park, where White-throated Francolin, Forbes's Plover, Long-tailed and Standard-winged nightjars, Stone Partridge, and Lavender Waxbill are possible as well as some big game including African Elephant.

This year we are again avoiding the two-day return drive to the far north, as we have another good site for Egyptian Plover on the White Volta near Mole, saving us much travel time. We have instead added a day to Mole and another at Ankasa, both of which have very nice new lodges, as well as a morning exploring the little-known forest at the Picathartes site which also has a new, more basic tourist lodge. With the addition of these new lodges, the accommodations in 2024 have improved significantly over past years lodging, and we are happy to bring you the added extra comfort on what has been for many years a somewhat basic accommodations tour.

Our tour this year again visits the large forest block at Ankasa in the far west, on the border with Ivory Coast, with a now remnant forest site at Nsuta en route promising additional exciting species, including perhaps Rufous-sided Broadbill and African Piculet. Camping is no longer required and we will use comfortable hotels at both sites, with the new lodge at Ankasa being very nice indeed. Targets there include Hartlaub's Duck, Congo Serpent Eagle, Shining-blue and White-bellied Kingfisher, Cassin's and Black Spinetail, Rufous-sided Broadbill, as well as Orange-breasted Forest Robin, Yellow-bearded Greenbul, and three species of bristlebill. En route out, we can expect both Mouse-colored and Reichenbach's sunbirds and maybe Orange Weaver.



Forbes's Plover is a West African species that is often found in open areas, and places that have recently burned.

Photograph by participant Sid England.

We want to be sure you are on the right tour! Below is a description of the physical requirements of the tour. If you are concerned about the difficulty, please contact us about this and be sure to fully explain your concerns. We want to make sure you have a wonderful time with us, so if you are uncomfortable with the requirements, just let us know and we can help you find a better fitting tour! Field Guides will not charge you a change or cancellation fee if you opt out within 10 days of depositing.

#### Physical requirements of this tour

 TRAILS & WALKING: Moderate amounts of walking (up to 4-5 miles per day), some of it on roads, some on trails. The terrain is generally either flat or slightly hilly. The walk to the rockfowl cave is about 2 miles through forest and involves a short and steep (100 yards) clamber up to the rock overhang at the end. Walking sticks are recommended here, as the terrain is undulating and uneven in places.

- POTENTIAL CHALLENGES: We cover much ground on this tour, and on several days we must use dusty, bumpy roads. There are a few fairly long travel days to get to some of our birding sites (though not the marathon 2-day return bus drive that was involved with going to the far north on past tours). Participants should be able to step up 12 inches into and out of our safari vehicles and other transports. We do spend a bit of time standing to watch birds on this tour (a small folding stool can provide relief as needed). The walkway at Kakum Forest involves a short uphill walk (750 yards) on an uneven stepped track to the structure itself; the walkway is about 120 feet above the forest floor and has several observation platforms linked by stretches of rope-and-board walkway.
- PACE: Early mornings (5:00-6:00 a.m. breakfasts), with afternoon breaks on some days followed by optional
  afternoon outings. Optional nighttime outings will also be offered.
- **WEATHER**: Temperatures will range from the low 70s at night to high 90s F (25-30 C) during the day. Rain showers are a possibility, and humidity is generally high on this tour.
- **VEHICLE SEATING**: So that each participant has equal opportunity during our travel, we employ a seat rotation system on all tours. Participants will need to be flexible enough to maneuver to the back of the vehicle on occasion. Those who experience motion sickness will need to bring adequate medication for the duration of the tour, as we are not able to reserve forward seats for medical conditions.
- **BATHROOM BREAKS**: Participants must be prepared to make comfort stops in nature for most of this tour, as there are simply no other options along most of the tour's route, away from our lodgings.
- **OPTING OUT**: Where we are staying multiple days in the same lodging, participants can easily opt to sit out a day or sometimes a half-day. This will not be possible on days when we are changing locations.

\*\*Be aware that Ghana is heavily populated, and the precious primary forest being degraded in some sites, whilst roads are somewhat slow and with a multiplicity of speed bumps making journey times longer. That said, the people are very welcoming, the birds outstanding at times and the whole experience a great intro to bustling vibrant West Africa.

If you are uncertain about whether this tour is a good match for your abilities, please don't hesitate to contact our office; if they cannot directly answer your queries, they will put you in touch with the guide.



The canopy walkway at Kakum Forest gets us up where we can view many forest-dwelling birds, but it may present challenges to some. Photograph by participants David and Judy Smith.

**Accommodations:** Accommodations are generally quite good, and now with very nice hotels at Ankasa and near luxury at Mole NP, with just one or two more basic. Do be aware, however, that maintenance is an issue throughout West Africa, and things may not be quite what they are back in Kansas! Power points often don't work, a/c may be sporadic, hot water can be erratic, etc. Our new "glamping" tented lodge at Mole is sited overlooking a waterhole and is much nicer than the ageing government-run facility at Mole NP, and again right at the birding sites.

This year we'll have a comfortable stay at the perfectly positioned and newly built Ankasa Reserve Lodge (photos below), with walk-in hot water showers and rooms with air conditioning. (<a href="https://ankasareservelodge.com/">https://ankasareservelodge.com/</a>) It's sure to be a relaxing stay (bathrobes and butler service included!!), and best of all... it's just a short drive to the morning birding location! Doesn't get much better!!



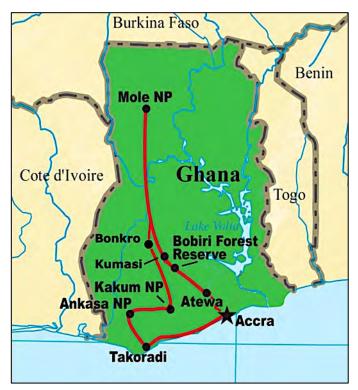
The air-conditioned tented chalets at Zaina Lodge have full size beds, private bathrooms, and a surprising touch of luxury – for such a remote area! (See photos below.) Check out their website to view their well-appointed rooms (with both indoor and outdoor showers!), as well as their pristine pool (<a href="https://www.zainalodge-ghana.com/">https://www.zainalodge-ghana.com/</a>).



We hope you'll find the extra value in the new accommodations we've included in 2024! The ability to enjoy some creature comforts on this somewhat longer, more basic trip goes a long way, we feel, and the increase in price is justified, we hope!

## **About the Birding Areas**

**Shai Hills** is a dry, thorn-scrub reserve near Tema with attractive rocky hills that hold the localized Mocking Cliff-Chat (White-crowned Cliff-Chat, if *coronatus* is split). Other bird species possible here include Stone Partridge, Red-necked Buzzard, African Gray Hornbill, Violet Turaco, Blue-bellied Roller, Swallow-tailed Bee-eater, Senegal Eremomela, Senegal Batis, and Bearded, Double-toothed, and Vieillot's barbets.



Sakumono (Sakumona) Lagoon is a great waterbird site near Accra, actually a RAMSAR site. It's an important area for migrant West Palearctic shorebirds, including Ruff and Wood Sandpiper, as well as Senegal Thick-knee, Collared Pratincole, sometimes Black Egret (Heron), Western Reef Egret, and West African Crested (Royal) and Black terns, Yellow-throated Longclaw, and Senegal Eremomela. This will be done on arrival day if the flight timings permit or next day if not.

**Winneba Lagoon** is an important shorebird site on the coast, good for West African (Royal) Tern and shorebird migrants. This site will be visited if the time and tide are correct.

Kakum National Park—Set in hill and ridge country, Kakum preserves a precious fragment of the gravely threatened Upper Guinea forest habitat. The walkway is an incredible rope, ladder and wood slat bridge slung some 40m up in the mid stratum giving great access to some huge forest trees. Three rare (2 endemic) hornbills, the rare Brown-cheeked and Yellow-casqued plus also Black-casqued are possible here, as well as such good forest birds as White-headed Woodhoopoe, Sharpe's Apalis, Violet-backed Hyliota, Black and Rosy bee-eaters, and Black and Sabine's Spinetail. A dusk

foray can be good for mammals such as Potto, Prince Demidoff's Galago, and the extraordinary Pel's Anomalure, with a chance of the rare Brown Nightjar and Fraser's or even Akun Eagle-Owl.

**Bonkro** is a forest patch on a small hill area that is home to a colony of the enigmatic, legendary White-necked Rockfowl (Yellow-headed Picathartes), which will surely be a major trip highlight. This colony is built on the overhang of a huge rock, and it's possible to get a good view of the large, mud-cup nests as well as the birds when they return to the nests in the late afternoon. Revenues from visiting birders have become a very important source of income for the local village, which provides guides and helps to manage and protect the forest. You may wish to make a donation to Ashanti Africa's Primary School project here; our tour participants in 2019 were very generous after such a great Rockfowl experience. On past tours we have waited from a few minutes to several hours for the birds to come in—you never know. We then had incredible views, but please be aware that a lengthy sit in silence on bench seats and/or stools may be necessary.

**Mole National Park** is a completely different savanna and grassland habitat in the dry north where we have a chance of Forbes's Plover, White-throated Francolin, Stone Partridge, Standard-winged and Long-tailed nightjars, and the amazing African endemic family of Bucorvidae (Ground-Hornbills), here represented by the Abyssinian species. Lavender Waxbill and Black-faced Firefinch can be seen, as can the striking and noisy Oriole Warbler, Sun Lark, and both Pygmy and Beautiful sunbirds. This year we will also make a visit to a site on the nearby White Volta River where Egyptian Plover can be seen, saving us basically two days on the bus heading to the far north and back.

**Bobiri Reserve**—Set aside for its incredible variety of butterflies, Bobiri is also an important refuge for some scarce forest birds. Here we'll have a chance for Long-tailed Hawk, Bristle-nosed Barbet, African Piculet, Red-billed Dwarf and White-crested hornbills, Forest and/or White-headed woodhoopoes, the rare Preuss's Weaver, and a good selection of other forest birds. We were lucky enough to see a Long-tailed Pangolin here in 2014.

**Atewa** is a hill-forest reserve that holds one of the few Blue-moustached Bee-eater sites in Ghana. It's also the home of such specialties as Chocolate-backed Kingfisher, Rufous-winged, Brown, Puvel's, and Blackcap illadopses, Golden Greenbul, the very rare Nimba Flycatcher (as yet never by me though it was found again in 2019), Narina Trogon, Western Bluebill, Black-and-white Shrike-Flycatcher, Kemp's and Grey Longbill, West African Batis, Western Bearded Greenbul, and several other apalis and flycatcher species. Birding the access foothills is good and means a longish steady and quite warm climb, but well worth the effort as Yellow-throated Cuckoo can sometimes be found as well.



The beautiful Black Bee-eater is another West African species that we'll target. Photograph by participant Kirsten Tucker.

## **Itinerary for Ghana**

Days 1-2, Sat-Sun, 16-17 Mar. Flight from US to Ghana; coastal birding. Flights depart the US for Ghana on Day 1 (March 16) and arrive the following day on March 17. If possible, please plan to arrive before 2:00 p.m. You will be met on your arrival at the newly rebuilt Kotoka International Airport Accra, which is situated on the attractive sandy Atlantic gold coast of Western Africa, for your transfer to the hotel. Look out for the *Ashanti African Tours* or *Field Guides* signboard when you leave the main terminal building after passing through customs. You will be met by *Ashanti Africa* staff and transferred to the hotel in Accra. Meet for dinner in the lobby at 7 pm.

Assuming everyone arrives more or less on schedule in the early afternoon on March 17—and if time permits—we will visit Sakumono Lagoon after checking in at the hotel. We'll have this afternoon and much of Day 3 to bird nearby areas in hopes of finding Purple and Gray herons, Western Reef Egret, Long-tailed Cormorant, Garganey, Black-winged Stilt, Collared Pratincole, Black-tailed Godwit, Ruff, Ruddy Turnstone, Senegal Thick-knee, African Swamphen and Black Tern to mention just a few. Nights of Days 2 and 3 in or near Accra.

Day 3, Mon, 18 Mar. Shai Hills. We'll have an early start today to what is always an enjoyable tour of the Shai Hills savanna area reserve—a dry, thorn-scrub reserve near Tema with attractive rocky hills that hold the localized Mocking Cliff-Chat (White-crowned Cliff-Chat, if *coronatus* is split). Other bird species possible here include Stone Partridge, Rednecked Buzzard, African Gray Hornbill, Violet Turaco, Blue-bellied Roller, Swallow-tailed Bee-eater, Senegal Eremomela, Senegal Batis, Senegal Parrot and Bearded, Double-toothed, and Vieillot's Barbet. A roost of tomb bats is worth seeing after a bit of a scramble up a rocky hillside, and Chestnut Owlet is a possibility here, we saw it in 2023. Lunch near Shai Hills and an afternoon birding session back in the park before returning to Accra and the *Erata Hotel*.

Day 4, Tue, 19 Mar. Primarily a travel day; we head over towards Ankasa, via Winneba Lagoon, a Ramsar wetland excellent for shorebirds and terns, then stop by Cape Coast Castle to check for West African Tern offshore and have a

short cultural briefing about the significance of this dread place in the slave trade. A stop at Fosu Lagoon may turn up Black Heron, then we skirt the bustling coastal city of Takoradi, for an overnight stop near Sekondi in a small lodge, ready for Nsuta Forest next day. Night at the *Summerview Hotel* at Shama Junction about 45 minutes away.

**Day 5, Wed, 20 Mar. Nsuta Forest.** Early morning birding at seldom-visited Nsuta for a chance of some rarely seen species such as Piping and Brown-cheeked Hornbill and African Piculet, although some are hard to find. Then travel to Ankasa National Park on the border with Ivory Coast, stopping at some coastal wetlands for Hartlaub's Duck and Orange Weaver. Night at the new and very nice Ankasa Reserve Lodge.

Day 6, Thu, 21 Mar. Ankasa is Ghana's only pristine, wet-evergreen upper-Guinea rainforest, a rarely visited forest protecting some wonderful species. We'll have an early start today to get a full day in at the park, where we will be in quest of Hartlaub's Duck, African Finfoot, African Crowned-Eagle, Great Blue and Yellow-billed Turaco, Yellow-casqued, Black-casqued, Red-billed Dwarf and Black Dwarf hornbill, White-bellied, Shining-blue, and Chocolate-backed kingfisher, Red-billed Helmetshrike, Purple-throated Cuckoo-shrike, Blackcap, Pale-breasted, Rufous-winged, and Brown illadopsis, Red-tailed and Green-tailed bristlebill, Yellow-bearded, Western Bearded, Plain, Spotted, Sombre, and Red-tailed greenbul, Blue-headed Wood-Dove, Olive Long-tailed Cuckoo, White-tailed Ant-Thrush, and a chance of Red-fronted Antpecker, to name a few. Also, there is a chance for Nkulengu Rail during the early evening, and in 2019 and 2023 we saw White-crested Tiger-Heron here as well. Night at the new and very nice Ankasa Reserve Lodge.



The Black Dwarf Hornbill, now known as the Westerrn Dwarf Hornbill, is one of 10 hornbill species we might see on the tour.

Photograph by participant Randy Beaton.

**Day 7, Fri, 22 Mar**. **Ankasa**. Another day at Ankasa in quest of any species that may be still missing, birding in these dense forests is quite challenging and species such as Orange-breasted Forest Robin and Rufous-winged illadopsis may take several attempts. Night at the new Ankasa Reserve Lodge.

Day 8, Sat, 23 Mar. Ankasa early morning; drive to Kakum area. We'll be out early this morning at Ankasa, and then make the long drive to near Kakum, stopping at Brenu Beach for savanna species such as Marsh Tchagra, Oriole Warbler and perhaps Baumann's Greenbul. The hotel is quite comfortable and in the farmbush quite close to the park, and will be our base for the next 3 nights. Night at *Rainforest Lodge Hotel* near Kakum National Park.

**Day 9, Sun, 24 Mar. Kakum National Park.** We'll be out early this morning, heading for the canopy walkway at Kakum National Park. We will be spending the most critical hours 40m above the forest floor on the canopy walkway; the platforms here are large enough to support a telescope. Kakum National Park protects critically endangered primary

Guinea tropical rainforest, and the species we hope to see from the canopy include Green Hylia, Violet-backed Hyliota, Lemon-bellied Crombec, Little Gray Flycatcher, Gray-headed, White-breasted, and Chestnut-breasted Nigrita, Gray Longbill, White-headed, and Forest Woodhoopoe, West African Batis, Western Bluebill, Blue Cuckooshrike, Chestnut-bellied Helmetshrike, Sabine's Puffback, Sharpe's Apalis, Rufous-crowned Eremomela, Brown-cheeked, Black-casqued, Piping, Yellow-casqued, and Black Dwarf hornbills, the scarce and beautiful Preuss's Weaver, Red-headed, Blue-billed and Red-vented Malimbe, Rosy Bee-eater, Yellow-spotted and Hairy-breasted Barbet, Red-fronted and Gray Parrot, and Velvet-mantled Drongo. The raptors we may see include Red-necked Buzzard, Palm-nut Vulture, African Cuckoo-Hawk, maybe Congo Serpent-Eagle, Cassin's Hawk-Eagle, and perhaps Long-tailed Hawk. During the heat of mid-afternoon, we'll have the chance to rest at the hotel. Tonight, we'll stay late on the walkway to try for crepuscular and nocturnal species like Brown Nightjar, Bat Hawk, and Potto and Pel's anomalures. Night at *Rainforest Lodge Hotel* near Kakum NP.

Day 10, Mon, 25 Mar. Kakum National Park. This morning we'll be concentrating our attention on the Antwikwaa section of Kakum National Park, as well as some trails within and surrounding the park, which should prove to be very productive. We can attempt to find White-tailed (Fire-crested) Alethe, Red-tailed and Gray-headed bristlebills, Johanna's, Tiny and Olive-bellied sunbirds, Blue-headed Wood Dove, Red-rumped Tinkerbird, Black Dwarf and Red-billed Dwarf hornbills, Black-headed Paradise Flycatcher, Finsch's Flycatcher-thrush, Blue-shouldered Robin-Chat, Olive Long-tailed Cuckoo, Pale-breasted Illadopsis, Red-chested Goshawk, Yellow-billed and Guinea turacos, Long-tailed Hawk, Fire-bellied and Melancholy woodpeckers, Black-throated Coucal, Western Black-headed Oriole, African Finfoot, and possibly a Congo Serpent Eagle. There's also a remote chance of Ahanta Francolin, Black-collared Lovebird, and Willcocks's or Spotted Honeyguide. We may stay out until dusk to try again for Fraser's Eagle Owl and Akun Eagle Owl, and perhaps Brown Nightjar. Night at Rainforest Lodge Hotel near Kakum NP.



One of the raptors we should see is the graceful Black Kite. The Yellow-billed form is common in Ghana, and was seen every day on our 2023 tour. Photograph by participant Kirsten Tucker.

Day 11, Tue, 26 Mar. Kakum early on, then drive to Bonkro for the Picathartes trek. We'll make an early start for our final morning at Kakum, visiting some of the outlying sections of the park or surrounds. We will spend all morning trying to see any species we may have missed previously, this being generally a good area for White-spotted Flufftail, Western Nicator, Kemp's Longbill, Black-capped Illadopsis, malimbes, and Black-throated Coucal.

After lunch we'll set off for a remote village in the Ashanti region of Ghana for what should be a highlight of our tour. Our destination is a nesting site for White-necked Rockfowl (Yellow-headed Picathartes). There are around 20 nests at this location and experiencing this remarkable bird is an amazing feeling; after getting good looks, we spend the night at the new Ashanti Picathartes Lodge run by the local villagers at Bonkro close to the Rockfowl site.

Day 12, Wed, 27 Mar. Exploring the rainforest around Bonkro. This area is little known and could hold some surprises including Yellow-footed Honeyguide, departing after lunch for Kumasi, to make for a shorter bus ride the next day. Night at the Noda Hotel in Kumasi.

Day 13, Thu, 28 Mar. Travel day to Mole National Park. We'll leave Bonkro early after breakfast, heading north towards Mole National Park. We can expect to see different bird species en route as we gradually enter the Guinea savanna plains of northern Ghana. On our late afternoon arrival at the park, we'll check into our hotel, the only accommodation in the immediate area. Situated on a 250-metre-high escarpment overlooking the park, it offers highly scenic views. It is an amazing feeling to be sitting around the pool on the hotel terrace watching African savannah elephants bathing in the two nearby watering holes, which are also inhabited by crocodiles. Night in Mole National Park at Zaina Lodge tented camp.

Day 14, Fri, 29 Mar. Mole National Park. We'll awake early and move to the hotel terrace, which is an excellent spot to set up our telescopes and watch the dawn activity. We hope to see Stone Partridge, Red-throated Bee-eater, Chestnut-crowned Sparrow-Weaver, Lavender and Orange-cheeked waxbill, Red-billed and Bar-breasted firefinches—with a chance of Black-bellied and Black-faced, if we are lucky—Senegal Batis, and Beautiful and Pygmy sunbirds. The watering hole attracts Senegal Thick-knee as well as African Woolly-necked Stork and Hadada Ibis. Raptors are more frequent in Mole, and in this area, we hope to see White-headed, Hooded, and perhaps White-backed Vulture, Bateleur, Beaudouin's Snake-Eagle, Lizard Buzzard, African Hobby, Lanner Falcon, and perhaps several accipiters.

We'll take game guard escorted walks into the woodland surrounding the waterhole in the cooler early morning and late afternoon, expecting to encounter Bruce's Green Pigeon, Purple and Long-tailed glossy-starlings, White-shouldered Black Tit, Senegal Eremomela, Oriole Warbler, Violet Turaco, Golden-tailed, Fine-spotted, and Gray woodpecker, Blackcap and Brown babbler, Snowy-crowned Robin-Chat, Yellow-breasted Apalis, Northern Puffback, perhaps Rufous Cisticola, Swamp and Lead-colored flycatcher, and Yellow-fronted Tinkerbird. The laterite pans to the north hold Forbes's Plover, Sun Lark and White-throated Francolin and they will be a focus this afternoon, with a drive back around dusk to check for nightjars, with a good chance of the amazing Standard-winged Nightjar.

During the heat of the afternoon, we can be resting or birding around the hotel grounds, where you have to watch out for warthogs. Night in Mole National Park at *Zaina Lodge* tented camp.



The Northern Puffback is a bushshrike found across sub-Saharan Africa. The name "Puffback" comes from the male's breeding display, seen here. Photograph by participant David Smith.

Day 15, Sat, 30 Mar. Mole NP, visiting Mognori River circuit. This riparian growth holds Shining-blue and Giant kingfisher, Square-tailed Drongo, African Blue Flycatcher, and White-crowned Robin-chat. We will bird some nearby savanna areas later for Fine-spotted Woodpecker, Brown-backed Woodpecker, Brown-rumped Bunting and Rufous and perhaps Dorst's cisticola. Night in Mole National Park at *Zaina Lodge* tented camp.

**Day 16, Sun, 31 Mar. Mole National Park.** After an early breakfast, we'll depart for the Egyptian Plover site on the White Volta River. In the afternoon we can bird some of the park areas for anything we are still looking for, staying for a fourth night at the park at *Zaina Lodge* tented camp.

**Day 17, Mon, 1 Apr. Mole to Kumasi.** Birding around Mole Park and in transit, with a short cultural excursion to nearby Larabanga and the interesting 15th century, Malian-style mud and stick mosque (complete with swarms of over-eager local guides!) lunch at Kintampo and overnight in Kumasi.

Day 18, Tue, 2 Apr. Kumasi to Bobiri Sanctuary, and later Atewa. Bobiri is an amazing butterfly sanctuary, with over 440 species recorded! Upon our arrival, we'll search this lush forest for Red-billed Dwarf, and White-crested hornbill, White-headed and Forest woodhoopoe, Swamp Palm Greenbul, Western Nicator, and some of the many raptors present, including Cassin's Hawk-Eagle, African Cuckoo-Hawk, and just maybe the great prize, Long-tailed Hawk. Then we'll leave mid-morning for the 2+-hour drive to Atewa, arriving for lunch in the afternoon, then checking into our hotel before a farmbush foray to the edge of Atewa forest. The hotel is quite serviceable but is by a busy bus and truck stop (so we try to get the quieter rooms), it is however very close to our birding sites. Species possible here include Bristle-nosed Barbet, Melancholy Woodpecker, Black-and-white Shrike-Flycatcher, Grosbeak Weaver, Magpie Mannikin and Black-winged Bishop. We may perhaps try for Fraser's Eagle Owl if the weather permits (afternoon storms are frequent here), before returning to our hotel for dinner. Night at Linda Dor Hotel in Atewa.

Day 19, Wed, 3 Apr. Atewa to Accra; flights home. With an early start this morning, we'll visit the nearby Atewa Reserve and get as far up into the hill forest as is feasible, looking for Long-tailed Hawk (again!), West African Batis, Redcheeked wattle-eye, Golden Bulbul, and just possibly the rare Blue-moustached Bee-eater and Yellow-throated Cuckoo if we access the higher areas. We'll return then to the hotel to shower and change for the flights home and have lunch before heading back to Accra some two hours way. Depending on your departure times, we will visit a nearby local restaurant and enjoy our final dinner together before heading to the airport. If possible, try to book your flights home after 10:00 p.m. to allow enough time for dinner. Flights currently depart from Accra this evening, arriving in the US the following morning.

Day 20, Thu, 4 Apr. Arrival home.

### **About Your Guide**

**Phil Gregory** was born in Southampton, UK, and became a birder as a youth when the steam engines were scrapped and birding offered a way to travel and look for wonderful things. The quest for birds has led to many forays in Europe, Africa, Asia, Australasia, and the Pacific. Phil and his wife, Sue, worked as teachers for eight years in Nigeria and Zambia, where they raised their family and made serious inroads into the birds of Africa, before transferring to the Falkland Islands for a two-year stint. In 1991-97 they relocated to Papua New Guinea where the 400-plus endemics proved a great challenge, they then lived in the Northern Territory and since 1998 in far north Queensland, Australia.

"The tour was excellent. The accommodations were fine and the food as well. The Ashanti team was superb throughout. This was our fourth tour with **Phil Gregory**, one of FG's finest." B.S., Ghana

Phil's major interests are field identification, taxonomy, vocalizations, and the geographic distribution of birds. He is also a writer with assorted contributions to many reference books including doing some family accounts for the *Handbook of Birds of the World*. He published *Birds of Paradise and Bowerbirds* title in the Pica/Helm/Princeton series in 2020, and a *Field Guide to the Birds of New Guinea including the Bismarcks and Bougainville* for Lynx Edicions was published in May 2017, and a *Photoguide to North Queensland Birds* with local photographer and guide Jun Matsui in 2019, with a second edition in 2023.

Phil and Sue ran the well-known *Cassowary House*, a birding and nature lodge situated in a great birding spot in the rainforest at Kuranda, near Cairns in the far north of Queensland from 1998-2019, but have now moved to Topaz on the Atherton Tablelands near Malanda, where they have a Nature Refuge, and far more time for the grandchildren.

Visit <a href="http://fieldquides.com/phil">http://fieldquides.com/phil</a> for Phil's complete tour schedule.

An expert **local guide** will be added as tour size warrants; we usually have one of the very finest Ghana guides in James Ntakor, part of a dynasty of birding brothers and an outstanding field man, ably supported by a helper who may also be a butterfly expert.

### **Financial Information**

FEE: \$8075 from Accra

**DEPOSIT: \$800** 

FINAL PAYMENT DUE: September 18, 2023

SINGLE SUPPLEMENT (Optional; single space is limited at a couple lodges and folks may be required to share,

depending on the makeup of our group): \$1375

LIMIT: 8

All participants will be required to confirm they will have completed a full COVID vaccination course at least two weeks prior to the tour (which includes a booster for those eligible to have one). Note too, that many travel destinations may still require proof of vaccination for entry to bypass testing delays or quarantine, and that entry requirements for a destination can change at any time. Proof of a booster shot, too, may be a requirement for some travel destinations.

# Other Things You Need to Know

**TOUR MANAGER:** The manager for this tour is Sharon Mackie. Sharon will be happy to assist you in preparing for the tour. If you have any questions, please don't hesitate to call her!

**ACCOMMODATIONS:** A couple of our accommodations are very good, but generally most are categorized as quite good, with one or two more basic lodges. A few of the hotels have swimming pools, so bring your swimsuits if you wish! Do be aware, however, that maintenance is an issue throughout West Africa, and things may not be quite what they are back in Kansas! Power points often don't work, a/c may be sporadic, hot water can be erratic, etc.

NOTE: We are again including two very nice **new lodges** that should make this 2024 tour easier than in the past. We are now using Ankasa Reserve Lodge at Ankasa National Park, and Zaina Lodge at Mole National Park. These enhancements, of course, increase the tour price; but we consider it money well spent and believe that these new and nicer lodges will set our tour apart from those offered by other companies.

**DOCUMENTS:** US citizens will need a passport valid for six months beyond the date of their return and a visa to enter Ghana. In accordance with INTERNATIONAL SANITARY REGULATIONS all persons entering Ghana are requested to have a valid certificate of immunization against yellow fever. Ashanti, our ground operator, will issue a letter of invitation and accommodation—details that you will need when applying for your visa.

If you are not a US citizen, please check with the Ghana consulate nearest you for entry requirements. Information about consulates and entry requirements is generally available online or you can contact us and we will be happy to look this up for you. Passports should have an adequate number of blank pages for the entire journey. Some countries require a blank page for their stamp and as a precaution it is best to have one blank page per country you will visit or transit.

**AIR ARRANGEMENTS**: If possible, please plan to arrive in Accra, Ghana at or before 2:00 p.m. on March 17. You are welcome to book departure flights as early as 6:00 p.m. on the evening of April 3<sup>rd</sup>; however, since dinner is included on Day 20, keep in mind that you will miss the final dinner if you depart before 10:00 p.m.

Field Guides is a full-service travel agency and your tour manager will be happy to assist you with flights to join this tour. Field Guides does not charge a service fee for these services to clients booking a tour. However, we understand

that tech-savvy clients often prefer to shop online or that you may wish to use mileage to purchase tickets. Regardless of which method you choose, your tour manager will be happy to provide assistance regarding ticket prices and schedules, along with rental cars and extra hotel nights as needed.

Please be sure to check with your tour manager prior to purchasing your ticket to make sure the flights you have chosen will work well with the tour itinerary and that the tour is sufficiently subscribed to operate. Once purchased, most airline tickets are non-refundable and carry a penalty to change. Field Guides cannot be responsible for these fees.

Also, it is imperative that we receive a copy of your comprehensive flight itinerary—including any and all flights not covered in the tour fee—so that we may track you in the event of missed connections, delays, or other mishaps.

**LUGGAGE:** Please be aware that many airlines have recently modified their luggage policies and are charging additional fees for checked bags. Updates could easily occur before your departure, so you may wish to contact your airline to verify the policy. Additional charges for bags on any flights, whether these are covered by the tour fee or not, will be the client's responsibility.

**TOUR INCLUSIONS/EXCLUSIONS:** The **tour fee** is \$8075 for one person in double occupancy from Accra. It includes all lodging from Day 2 through Day 18, all meals from dinner on Day 2 through dinner on Day 19, all ground transportation, entrance fees, and the guide services of the tour leader(s). Tipping at group meals and for drivers, porters, and local guides is included in your tour fee and will be handled for the group by your Field Guides leader(s). However, if you would like to recognize your Field Guides leader(s) or any local guide(s) for exceptional service, it is entirely appropriate to tip. We emphasize that such tips are optional and not expected.

The above fees do <u>not</u> include your airfare to and from Ghana, airport taxes, visa fees, any checked or carry-on baggage charges imposed by the airlines, any alcoholic beverages, optional tips to local drivers, phone calls, laundry, or other items of a personal nature.

The **single supplement** for the tour is \$1375. If you do not have a roommate but wish to share, we will try to pair you with a roommate from the tour; but if none is available, you will be billed for the single supplement. Our tour fees are based on double occupancy; one-half the cost of a double room is priced into the tour fee. The single supplement is calculated by taking the actual cost of a single room and subtracting one-half the cost of a double room (plus any applicable taxes). \*Note: A couple of the hotels do not have twin share rooms, but instead there will be several beds in the same room with a bathroom nearby to share. There will be separate units for men and women.

**TOUR REGISTRATION:** To register for this tour, please contact us at <u>fieldguides.com/contact-us/</u>. Our office will be in touch with you by email by the next business day (Mon-Fri) with instructions on how to complete our new electronic registration form and medical questionnaire. (We are no longer accepting the paper version.)

Please mail your **payment** or see our Payment Options at <a href="https://fieldguides.com/payment-options/">https://fieldguides.com/payment-options/</a>. **Note: Full payment** of the tour fee is due upon registration.

Since the cost of your trip insurance and airline tickets is generally non-refundable, please do not finalize these purchases until you have received final billing for the tour or have been advised that the tour is sufficiently subscribed to operate by your tour manager.

**SMOKING:** Almost all of our clients prefer a smoke-free environment. If you smoke, please be sensitive to the group and refrain from smoking at meals, in vehicles, and in proximity to the group on trails and elsewhere.

**CANCELLATION POLICY:** Refund of deposit and payment, less \$100 handling fee, will be made if cancellation is received up to 180 days before departure. If cancellation occurs between 179 and 90 days before the departure date, 50% of the tour fee is refundable. Thereafter, all deposits and payments are not refundable and non-transferable.

Our cancellation policy only applies to payments made to Field Guides for tour (and any services included in those fees). Airline tickets not included in the tour fee and purchased separately often carry penalties for cancellation or change, or are sometimes totally non-refundable. Additionally, if you take out trip insurance the cost of that insurance is not refundable, so it is best to purchase the policy just prior to making full payment for the tour or at the time you purchase airline tickets, depending upon the airline's restrictions.

The right is reserved to cancel any tour prior to departure. In most such cases, full refund will constitute full settlement to the passenger. Note this exception, however: If you have been advised pre-tour that there is a non-refundable portion of your tour fee no matter the reason for Field Guides cancellation of the tour, that portion will not be refunded. The right is reserved to substitute in case of emergency another guide for the original one.

TRIP CANCELLATION & MEDICAL EMERGENCY INSURANCE: We strongly recommend you consider purchasing trip cancellation (including medical emergency) insurance to cover your investment in case of injury or illness to you or your family prior to or during a trip. Because we must remit early (and substantial) tour deposits to our suppliers, you acknowledge and agree that we will not issue a refund when cancellation occurs outside of our cancellation policy as published in the itinerary (see CANCELLATION POLICY). In addition, the Department of State strongly urges Americans to consult with their medical insurance company prior to traveling abroad to confirm whether their policy applies overseas and if it will cover emergency expenses such as a medical evacuation. US medical insurance plans seldom cover health costs incurred outside the United States unless supplemental coverage is purchased. Furthermore, US Medicare and Medicaid programs do not provide payment for medical services outside the United States.

When making a decision regarding health insurance, Americans should consider that many foreign doctors and hospitals require payment in cash prior to providing service and that a medical evacuation to the United States may cost well in excess of \$50,000. Uninsured travelers who require medical care overseas often face extreme difficulties. When consulting with your insurer prior to your trip, please ascertain whether payment will be made to the overseas healthcare provider or whether you will be reimbursed later for expenses that you incur.

US citizens will receive information from us regarding optional tour cancellation/emergency medical insurance. Our agent, CSA, will insure for trip cancellation and interruption, medical coverage, travel delay, baggage loss and delay, and emergency medical transportation. If you purchase the insurance prior to, or within 24 hours of making final payment for the tour, and cover all non-refundable parts of the trip (including any non-refundable flights and in some cases, other arrangements), pre-existing conditions are covered. You may purchase your CSA policy on-line by visiting our website at <a href="https://fieldguides.com/trip-cancellation-insurance/">https://fieldguides.com/trip-cancellation-insurance/</a> and clicking the link to CSA. The CSA webpage also includes a contact number.

Currently we are unable to offer CSA insurance policies to residents of New York and Hawaii. We have had clients provide positive feedback after acquiring insurance thru InsureMyTrip (<a href="https://www.insuremytrip.com/">https://www.insuremytrip.com/</a>) in the past, and would suggest that company as an alternative. When purchasing insurance with a company other than CSA, you will want to understand whether the timing of your purchase will affect coverage before paying your first deposit. Insurance purchase requirements can vary from company to company, and such requirements could limit your options if you do not look into this until making your final payment for your tour. Please let us know if you have any questions about this.

Please note, once the insurance is purchased it is non-refundable, so please check with your tour manager prior to making the purchase to assure the tour will operate as scheduled. Citizens of other countries are urged to consult their insurance broker.

RESPONSIBILITY: For and in consideration of the opportunity to participate in the tour, each tour participant and each parent or legal guardian of a tour participant who is under 18 agrees to release, indemnify, and hold harmless Field Guides Incorporated, its agents, servants, employees, shareholders, officers, directors, attorneys, and contractors as more fully set forth in the Release and Indemnity Agreement on the registration form. Field Guides Incorporated acts only as an agent for the passenger in regard to travel, whether by railroad, motorcar, motorcoach, boat, airplane, or other means, and assumes no liability for injury, damage, loss, accident, delay, or irregularity caused by defect in such vehicles or for any reason whatsoever, including the acts, defaults, or bankruptcies of any company or person engaged in conveying the passenger or in carrying out the arrangements of the tour. You acknowledge and agree that Field Guides Incorporated is not responsible for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, or other causes. The tour participant shall bear all such losses and expenses. Field Guides Incorporated reserves the right to substitute hotels of similar category for those indicated and to make any changes in the itinerary where deemed necessary or caused by changes in air schedules. Field Guides Incorporated reserves the right to decline to accept or to retain any person as a member of any tour. Baggage is at owner's risk entirely.

Participants should be in good health and should consult a physician before undertaking a tour. If you have questions about the physical requirements of a tour, please contact our office for further information. Participants should prepare for the tour by reading the detailed itinerary, the information bulletin, and other pertinent matter provided by Field Guides. Each participant is responsible for bringing appropriate clothing and equipment as recommended in our bulletins.

THE RECEIPT OF YOUR TOUR DEPOSIT SHALL BE DEEMED TO BE CONSENT TO THE ABOVE CONDITIONS. EACH TOUR PARTICIPANT AND EACH PARENT OR LEGAL GUARDIAN OF A TOUR PARTICIPANT WHO IS UNDER 18 SHALL SIGN AND DELIVER THE RELEASE AND INDEMNITY AGREEMENT AT THE TIME OF REGISTRATION. 08/23PG; 11/23 peg