ITINERARY

No Place Like Nome

June 25-July 2, 2024



This tour allows us time to search the Nome area for breeding birds as well as rarities such as this beautiful White Wagtail.

A small number of these Eurasian birds can often be found near Teller, and we'll have time to seek them out.

Photograph by guide Cory Gregory.

We include here information for those interested in the 2024 Field Guides No Place Like Nome tour:

- a general introduction to the tour
- a description of the birding areas to be visited on the tour
- an abbreviated daily itinerary with some indication of the nature of each day's birding outings

These additional materials will be made available to those who register for the tour:

- an annotated list of the birds recorded on a previous year's Field Guides trip to the area, with comments by guide(s) on notable species or sightings (may be downloaded from our web site)
- a detailed information bulletin with important logistical information and answers to questions regarding accommodations, air arrangements, clothing, currency, customs and immigration, documents, health precautions, and personal items
- a Field Guides checklist for preparing for and keeping track of the birds we see on the tour
- after the conclusion of the tour, a list of birds seen on the tour

During our spring Alaska tours, we cover a lot of ground across this huge state. Every year our guides and clients yearn for more time in Nome, one of the most exciting places to be a birder in North America. Starting in 2021, we decided to expand our Alaska tour offerings to include a longer visit to Nome and the surrounding Seward Peninsula. With a full week here at the northwestern corner of the continent, we'll have more time to explore lesser known birding sites in depth and linger with ephemeral migrants and breeding bird phenomena -- but don't worry, we'll also pursue classic spring Nome highlights such as Bristle-thighed Curlews, Arctic Loons, Aleutian Terns, Muskox, and more.

On this tour, we will survey all three of the major roads in the Nome area (Nome-Teller Highway, Kougarok Road, and Council Road), extending the reach of our birding to the settlements of Teller and Council—farther than we're usually able to venture during our regular spring Alaska tours. This will enhance our chances of finding White Wagtails (Teller area), breeding shorebirds of rocky montane habitats (Red Knot, Rock Sandpiper, and more), and boreal forest species that

narrowly make it to the Council area in a belt of spruce forest. Of course, this expanded route will give us more chances to study the regular avifauna of the Seward peninsula as well. And perhaps we'll even stumble into a rarity like a Redthroated Pipit, Great Knot, or Lesser Sand-Plover!

In order to keep tabs on the pulse of migration (which lasts all month in Nome), we'll make regular visits to the legendary Nome River Mouth and Safety Sound Lagoon, dynamic coastal sites that often see a great deal of turnover as migrants and breeders move through with the ebb and flow of the tides. Emperor Geese, Red-necked Stints, Slaty-backed Gulls, and other surprises hide amongst the legions of regular migrants and breeding species here. Seawatching will help us search for uncommon oceanic visitors to the area—perhaps Stejneger's Scoter, Short-tailed Shearwaters, or a Kittlitz's Murrelet will be on offer. The more relaxed pace of this tour will give us plenty of time for goodies to pass by along the coast of Norton Sound.

Whether you've never been to the Far North before and you're looking for an enjoyable kickoff to your Alaska birding experience, or you've birded Nome and dream of a return visit, consider joining us for a week in one of America's most invigorating birding hotspots.



We'll see many shorebirds in breeding plumage, including, perhaps, the unusual Surfbird. These sandpipers nest in the alpine tundra, but we usually see them well along the coast. Photograph by participant Gregg Recer.

We want to be sure you are on the right tour! Below is a description of the physical requirements of the tour. If you are concerned about the difficulty, please contact us about this and be sure to fully explain your concerns. We want to make sure you have a wonderful time with us, so if you are uncomfortable with the requirements, just let us know and we can help you find a better fitting tour! Field Guides will not charge you a change or cancellation fee if you opt out within 10 days of depositing.

Pace and Physical Requirements of this tour:

- TRAILS: There is one long hike, to find the Bristle-thighed Curlews off the Kougarok Road. This hike could last up
 to 3-4 hours; terrain is steep and uneven tundra, approximately 3 miles round-trip. Most of our other birding will be
 along roadsides, flat coastal tundra, or rocky beaches; however, we may choose to head out into uneven tundra
 or riverine habitats, too.
- **POTENTIAL CHALLENGES**: Our hotel in Nome does not have an elevator, so be prepared for walking up/ down a flight of stairs. Road travel will be in a 15-passenger van; you'll need to be able to climb in and out several or more times per day, and **Nome roads are notoriously dusty**.
- PACE: Days will be long, but we intend to move at a somewhat more relaxed pace than our regular Alaska tour since we'll be in Nome for nearly a week instead of just 3 nights. We will eat breakfast in our rooms at the hotel and then depart for birding around 6-7 a.m. Most evenings, dinner will be around 7 p.m. (though this may vary). Some days we will be out in the field all day, lunchtime included, and we'll pack a picnic lunch. On other

days we'll have time to fit in an afternoon break to make sure we're well-rested for the highly productive morning and evening hours.

- **ELEVATION**: Since we will be in a coastal area (even in the low mountains outside of Nome), elevation will not be an issue on this tour.
- **WEATHER**: In general, temps range widely, from lows in the 30s F to highs in the 70s F, so it is a good idea to bring layers that can be rearranged if needed. We will be birding areas that may be wet; waterproof boots are needed, though in most cases around Nome, hiking boots with ankle support are the preferred footwear. If you bring rubber boots, they can easily be stored under the van seats. Rain is possible and wind is likely; waterproof outerwear is simply a requirement for birding in Alaska.
- **VEHICLE SEATING**: Participants will need to be flexible enough to maneuver to the back of the vehicle on occasion. Those who experience motion sickness will need to bring adequate medication for the duration of the tour, as we are not able to reserve forward seats for medical conditions.
- BATHROOM BREAKS: When in and around the town of Nome, we'll stop by our hotel to use modern indoor
 restrooms, but when we're out of town (this will be a majority of the time during our birding days), you'll need to be
 prepared to go "out in the wild."
- **OPTING OUT**: You may opt out of any days of the tour if you wish to stay around the town of Nome and check out the local scene. If you're particularly concerned about the Bristle-thighed Curlew hike (likely the most strenuous activity we'll engage in during the tour), you can either choose to stay at the van during the hike or back in town for the whole day.

If you are uncertain about whether this tour is a good match for your abilities, please don't hesitate to contact our office; if they cannot directly answer your queries, they will put you in touch with one of the guides.

About the Birding Areas



Nome and the Seward Peninsula — Accessed by daily jet service from Anchorage, this once-remote outpost in far western Alaska is easy to reach and offers visitors unexpected comfort. Situated on the southern coast of the Seward Peninsula, the Nome area is characterized by a mix of moist tussock-heath tundra and drier, upland tundra crossed with shrub-lined creeks. A few good dirt roads (detailed below) give access to large lagoons and inland mountains as well. We'll travel these roads in search of the many specialties of the area, with some of those birds found here more readily than at any other accessible site in North America. Among the many possibilities are Arctic Loon (rare), Gyrfalcon, both American and Pacific golden-plovers, Bartailed Godwit, Bristle-thighed Curlew (rare), Red-necked Stint (rare), Slaty-backed Gull (rare), Aleutian Tern, Bluethroat, Northern Wheatear, White (rare) and Eastern Yellow wagtails, and Hoary Redpoll. The Bristle-thighed Curlews have been found nesting in the central portion of the peninsula, and in order to see them, we will likely have to hike a hill some three

to four miles round trip over very challenging, uneven tundra. The remainder of our birding will be done primarily from the vehicles and along the roadsides. Scenery in this part of Alaska is no less grand than in other parts of the state, and past clients have been overwhelmed by the extraordinary vistas on the Kougarok and Teller roads.

Council Road – The road from Nome to Council extends 73 miles out from the town of Nome, roughly to the east. This famous birding road allows us to access the coastal promontory of Cape Nome, the rich coastal lagoons of the Nome River Mouth and Safety Sound Lagoon, rocky foothills, and even a portion of boreal forest. The coastal areas can be excellent for generally large numbers of waterbirds plus specialties like "Pacific" Common Eider and "Black" Brant, loons (5 species are possible here, including rare Arctic and Yellow-billed loon), Parasitic and Long-tailed jaeger, Aleutian Tern, Pacific Golden-Plover, Surfbird, and Eastern Yellow Wagtail. Rocky foothills along the Council Road may introduce us to the majestic Gyrfalcon, and boreal forest near the town of Council (an area we generally do not manage to visit on our

regular spring Alaska tours) holds tantalizing possibilities like Canada Jay, Varied Thrush, Boreal Chickadee, and Pine Grosbeak.

Kougarok Road – We will explore about 72 miles of the legendary Kougarok Road from Nome north to the Coffee Dome area. This road is perhaps most famous for the Bristle-thighed Curlews that can be accessed with a hike across hilly tundra, but the tundra slopes and riparian corridors along the road are also excellent for Gyrfalcon and Rough-legged Hawk, Bluethroat, Arctic Warbler, Common and Hoary redpolls, and much more. Mammals can be excellent here, too, with the possibility of Moose, Muskox, and perhaps even a Grizzly Bear.

Nome-Teller Highway – Another 70 mile-long dirt road extends to the northwest of Nome toward the coastal village of Teller. This route cuts through several river valleys and includes an interesting mix of coastal tundra, riparian corridors, and dry, rocky upland tundra. Accordingly, the birdlife is quite diverse. Breeding shorebirds here may include American and Pacific golden-plover, Bar-tailed Godwit, Surfbird, Rock Sandpiper, and Red Knot. This road can be an excellent place to find specialties like Gyrfalcon, Short-eared Owl, Willow and Rock ptarmigan, Bluethroat, Northern Wheatear, and Eastern Yellow Wagtail. And in recent years, White Wagtail usually take up residence somewhere between Nome and Teller (often right in the middle of Teller!).



We'll look carefully for the cryptic Rock Ptarmigan along the Nome-Teller Road. Photograph by guide Tom Johnson.

Itinerary for No Place Like Nome

Day 1, Tue, 25 Jun. Fly from Anchorage to Nome. You'll take an afternoon flight from Anchorage to Nome. Your guide will meet you at the Nome airport and drive you the short distance to our coastal hotel. We'll settle in to the hotel and then we'll have our first dinner together in town. Night in Nome.

Days 2-7, Wed – Sun, 26 Jun – 1 Jul. Nome. We will spend six full days exploring the area around Nome. We can expect to make multiple trips along the Council Road, Kougarok Road, and Nome-Teller Highway, with regular checks of the Nome River Mouth and Safety Sound Lagoon. Exact day-to-day plans will be at the discretion of the guide and will depend on weather and other local conditions, but we'll plan to enjoy an in-depth survey of the area's bird and wildlife offerings, with increased time to spend focusing on particular highlight species or events. On at least three days (when we go all the way to Teller/ Council/ Coffee Dome), we'll take picnic lunches and plan to be away from town all day. On other days, we'll plan to take a break after lunch to help recharge ourselves for the prime birding hours in the morning and late afternoon/ evening. Nights in Nome.

Day 8, Tue, 2 Jul. Nome to Anchorage; depart for home. On our departure day, you'll fly from Nome to Anchorage to prepare either for onward flights home or additional post-tour time in Alaska.

About Your Guide

Cory Gregory started learning birds on flashcards at the age of three, but it wasn't until the ripe age of ten that things started to get more serious. Since then he has traveled to Central and South America, Australia, and all 50 states to try to get his fill of birding (and it hasn't worked yet!).

Cory earned a B.S. in zoology in Michigan, where he also worked for Whitefish Point Bird Observatory for several seasons. He then ventured to Iowa State University, where he earned a M.S. studying Long-billed Curlews in Nebraska. As an avid shorebird ecologist, he has handled more than 2000 shorebirds of more than 30 species.

"Cory Gregory is an amazing bird-finder. He also knows A LOT about birds and shared knowledge about habitat, history, nesting, populations, and behavior. "
K. K., Oregon.

After finishing school, Cory worked for several organizations as a shorebird ecologist and guided on St. Paul Island in the Pribilofs of Alaska for the 2014 and 2015 seasons. It was on St. Paul that his dream of stumbling on a first North American record was finally fulfilled. Cory is currently based out of Missouri where, when not on tour, he pursues his interest in birds, butterflies, and dragonflies with abandon.

Visit https://fieldguides.com/our-staff/ for Cory's complete tour schedule; just click on his photo.

Financial Information

FEE: \$4175 from Nome **DEPOSIT:** \$425 per person

FINAL PAYMENT DUE: Dec 28, 2023 SINGLE SUPPLEMENT (Optional): \$1325

LIMIT: 7

All participants will be required to confirm they will have completed a full COVID vaccination course at least two weeks prior to the tour (which includes a booster for those eligible to have one). Note too, that many travel destinations may still require proof of vaccination for entry to bypass testing delays or quarantine, and that entry requirements for a destination can change at any time. Proof of a booster shot, too, may be a requirement for some travel destinations.

Other Things You Need to Know

TOUR MANAGER: The manager for this tour is Karen Turner. Karen will be happy to assist you in preparing for the tour. If you have any questions, please don't hesitate to call her!

AIR ARRANGEMENTS: Please plan to arrive in Nome by 5:00 p.m. on Day 1 (Alaska Airlines flight #155, departing Anchorge at 3:30 p.m.). Participants may depart Nome at 10:05 a.m. on Day 8 (Alaska Airlines flight #2002, departing Nome at 10:05 a.m., arriving in Anchorage at 11:43 a.m.). Field Guides is a full service travel agency and your tour manager will be happy to assist you with flights to join this tour. Field Guides does not charge a service fee for these services to clients booking a tour. However, we understand that tech-savvy clients often prefer to shop online or that you may wish to use mileage to purchase tickets. Regardless of which method you choose, your tour manager will be happy to provide assistance regarding ticket prices and schedules, along with rental cars and extra hotel nights as needed

Please be sure to check with your tour manager prior to purchasing your ticket to make sure the flights you have chosen will work well with the tour itinerary and that the tour is sufficiently subscribed to operate. Once purchased, most airline tickets are non-refundable and carry a penalty to change. Field Guides cannot be responsible for these fees.

Also, it is imperative that we receive a copy of your comprehensive flight itinerary—including any and all flights not covered in the tour fee—so that we may track you in the event of missed connections, delays, or other mishaps.

LUGGAGE: Please be aware that many airlines have recently modified their luggage policies and are charging additional fees for checked bags. Updates could easily occur before your departure, so you may wish to contact your airline to verify the policy. Additional charges for bags on any flights, whether these are covered by the tour fee or not, will be the client's responsibility.

TOUR INCLUSIONS/EXCLUSIONS: The **tour fee** is \$4175 for one person in double occupancy from Nome. It includes all lodging from Day 1 through Day 7, all meals from breakfast on Day 2 through breakfast on Day 8, all ground transportation, entrance fees, and the guide services of the tour leader(s). Tipping at group meals and for drivers, porters, and local guides is included in your tour fee and will be handled for the group by your Field Guides leader(s). However, if you would like to recognize your Field Guides leader(s) or any local guide(s) for exceptional service, it is entirely appropriate to tip. We emphasize that such tips are optional and not expected.

The above fee does <u>not</u> include your airfare to and from Nome, airport taxes, any checked or carry-on baggage charges imposed by the airlines, any alcoholic beverages, phone calls, laundry, or other items of a personal nature.

The **single supplement** for the tour is \$1325. If you do not have a roommate but wish to share, we will try to pair you with a roommate from the tour; but if none is available, you will be billed for the single supplement. Our tour fees are based on double occupancy; one-half the cost of a double room is priced into the tour fee. The single supplement is calculated by taking the actual cost of a single room and subtracting one-half the cost of a double room (plus any applicable taxes).

TOUR LIMITS: Our limits are firm, however, on occasion, we will send a guide in training along on a tour. In these cases, one seat in the van or bus will be taken by the guide in training. Our guides will have a rotation system within the vehicle so that clients share the inconvenience equally. We hope this minor inconvenience will be more than offset by the advantages of having another guide along.

TOUR REGISTRATION: To register for this tour, please contact us at <u>fieldguides.com/contact-us/</u>. Our office will be in touch with you by email by the next business day (Mon-Fri) with instructions on how to complete our new electronic registration form and medical questionnaire. (We are no longer accepting the paper version.)

Please mail your **deposit of \$425** per person, or see https://fieldguides.com/payment-options/ for our Payment Options. Full payment of the tour fee is due 180 days prior to departure, or by December 28, 2023. We will bill you for the final payment at either 180 days or when the tour has reached sufficient subscription to operate, whichever date comes later.

Since the cost of your trip insurance and airline tickets is generally non-refundable, please do not finalize these purchases until you have received final billing for the tour or have been advised that the tour is sufficiently subscribed to operate by your tour manager.

SMOKING: Almost all of our clients prefer a smoke-free environment. If you smoke, please be sensitive to the group and refrain from smoking at meals, in vehicles, and in proximity to the group on trails and elsewhere.

CANCELLATION POLICY: Refund of deposit and payment, less \$100 handling fee, will be made if cancellation is received up to 180 days before departure. If cancellation occurs between 179 and 90 days before the departure date, 50% of the tour fee is refundable. Thereafter, all deposits and payments are not refundable and non-transferable.

Our cancellation policy only applies to payments made to Field Guides for tour (and any services included in those fees). Airline tickets not included in the tour fee and purchased separately often carry penalties for cancellation or change, or are sometimes totally non-refundable. Additionally, if you take out trip insurance the cost of that insurance is not refundable, so it is best to purchase the policy just prior to making full payment for the tour or at the time you purchase airline tickets, depending upon the airline's restrictions.

The right is reserved to cancel any tour prior to departure. In most such cases, full refund will constitute full settlement to the passenger. Note this exception, however: If you have been advised pre-tour that there is a non-refundable portion of your tour fee no matter the reason for Field Guides cancellation of the tour, that portion will not be refunded. The right is reserved to substitute in case of emergency another guide for the original one.

TRIP CANCELLATION & MEDICAL EMERGENCY INSURANCE: We strongly recommend you consider purchasing trip cancellation (including medical emergency) insurance to cover your investment in case of injury or illness to you or your family prior to or during a trip. Because we must remit early (and substantial) tour deposits to our suppliers, you acknowledge and agree that we will not issue a refund when cancellation occurs outside of our cancellation policy as published in the itinerary (see CANCELLATION POLICY). In addition, the Department of State strongly urges Americans

to consult with their medical insurance company prior to traveling abroad to confirm whether their policy applies overseas and if it will cover emergency expenses such as a medical evacuation. US medical insurance plans seldom cover health costs incurred outside the United States unless supplemental coverage is purchased. Furthermore, US Medicare and Medicaid programs do not provide payment for medical services outside the United States.

When making a decision regarding health insurance, Americans should consider that many foreign doctors and hospitals require payment in cash prior to providing service and that a medical evacuation to the United States may cost well in excess of \$50,000. Uninsured travelers who require medical care overseas often face extreme difficulties. When consulting with your insurer prior to your trip, please ascertain whether payment will be made to the overseas healthcare provider or whether you will be reimbursed later for expenses that you incur.

US citizens will receive information from us regarding optional tour cancellation/emergency medical insurance. Our agent, CSA, will insure for trip cancellation and interruption, medical coverage, travel delay, baggage loss and delay, and emergency medical transportation. If you purchase the insurance prior to, or within 24 hours of making final payment for the tour, and cover all non-refundable parts of the trip (including any non-refundable flights and in some cases, other arrangements), pre-existing conditions are covered. You may purchase your CSA policy on-line by visiting our website at https://fieldguides.com/trip-cancellation-insurance/ and clicking the link to CSA. The CSA webpage also includes a contact number.

Currently we are unable to offer CSA insurance policies to residents of New York and Hawaii. We have had clients provide positive feedback after acquiring insurance thru InsureMyTrip (https://www.insuremytrip.com/) in the past, and would suggest that company as an alternative. When purchasing insurance with a company other than CSA, you will want to understand whether the timing of your purchase will affect coverage before paying your first deposit. Insurance purchase requirements can vary from company to company, and such requirements could limit your options if you do not look into this until making your final payment for your tour. Please let us know if you have any questions about this.

Please note, once the insurance is purchased it is non-refundable, so please check with your tour manager prior to making the purchase to assure the tour will operate as scheduled. Citizens of other countries are urged to consult their insurance broker.

RESPONSIBILITY: For and in consideration of the opportunity to participate in the tour, each tour participant and each parent or legal guardian of a tour participant who is under 18 agrees to release, indemnify, and hold harmless Field Guides Incorporated, its agents, servants, employees, shareholders, officers, directors, attorneys, and contractors as more fully set forth in the Release and Indemnity Agreement on the registration form. Field Guides Incorporated acts only as an agent for the passenger in regard to travel, whether by railroad, motorcar, motorcoach, boat, airplane, or other means, and assumes no liability for injury, damage, loss, accident, delay, or irregularity caused by defect in such vehicles or for any reason whatsoever, including the acts, defaults, or bankruptcies of any company or person engaged in conveying the passenger or in carrying out the arrangements of the tour. You acknowledge and agree that Field Guides Incorporated is not responsible for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, or other causes. The tour participant shall bear all such losses and expenses. Field Guides Incorporated reserves the right to substitute hotels of similar category for those indicated and to make any changes in the itinerary where deemed necessary or caused by changes in air schedules. Field Guides Incorporated reserves the right to decline to accept or to retain any person as a member of any tour. Baggage is at owner's risk entirely.

Participants should be in good health and should consult a physician before undertaking a tour. If you have questions about the physical requirements of a tour, please contact our office for further information. Participants should prepare for the tour by reading the detailed itinerary, the information bulletin, and other pertinent matter provided by Field Guides. Each participant is responsible for bringing appropriate clothing and equipment as recommended in our bulletins.

THE RECEIPT OF YOUR TOUR DEPOSIT SHALL BE DEEMED TO BE CONSENT TO THE ABOVE CONDITIONS. EACH TOUR PARTICIPANT AND EACH PARENT OR LEGAL GUARDIAN OF A TOUR PARTICIPANT WHO IS UNDER 18 SHALL SIGN AND DELIVER THE RELEASE AND INDEMNITY AGREEMENT AT THE TIME OF REGISTRATION.

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