

ITINERARY  
**HOLIDAY MEXICO: YUCATAN & COZUMEL**  
*November 18-27, 2023*



*A highlight of this tour is a trip to the Estero de Celestun, where we'll be able to see a wintering flock of brilliant American Flamingos. Photograph by participant Wally Levernier.*

*We include here information for those interested in the 2023 Field Guides Holiday Mexico: Yucatan & Cozumel tour:*

- a general introduction to the tour
- a description of the birding areas to be visited on the tour
- an abbreviated daily itinerary with some indication of the nature of each day's birding outings

*These additional materials will be made available to those who register for the tour:*

- an annotated list of the birds recorded on a previous year's Field Guides trip to the area, with comments by the guide(s) on notable species or sightings (may be downloaded from our web site)
- a detailed information bulletin with important logistical information and answers to questions regarding accommodations, air arrangements, clothing, currency, customs and immigration, documents, health precautions, and personal items
- a Field Guides checklist for preparing for and keeping track of the birds we see on the tour
- after the conclusion of the tour, a list of birds seen on the tour

**M**exico's Yucatan Peninsula combines rich tropical birding with a spectacular cultural setting. The magnificent stone ceremonial cities of the ancient Maya rise up out of the tropical forests of this wondrous limestone peninsula like surreal visions of a lost world. Here, the culture and history of the Maya are woven together with an exciting amalgam of resident birds characteristic of northern Central America and endemic Mexican specialties found nowhere else in the world. Added to this already irresistible blend is a strong Caribbean influence in the birdlife of wonderful Cozumel Island—where there are also at least two endemics (Cozumel Emerald and Cozumel Vireo) which have never been recorded on the adjacent Mexican mainland.

Although the emphasis throughout will be on birding, we'll have good chances to savor the magnificent Mayan ruins of Chichen Itza and Uxmal, and to ponder the mysterious collapse of this ancient but highly advanced civilization. The rural Maya still live throughout the area in villages, some of which have changed little since the arrival of the Spanish in the early 16th century, and the faces one sees in the elaborate carvings could just as easily belong to the people one encounters going about their everyday lives here. As if this were not already tempting enough, we'll also dine at several elegant, restored Mexican haciendas.

**All participants will be required to confirm they will have completed a full COVID vaccination course at least two weeks prior to the tour (which includes a booster for those eligible to have one).** Note too, that many travel destinations may still require proof of vaccination for entry to bypass testing delays or quarantine, and that entry requirements for a destination can change at any time. Proof of a booster shot, too, may be a requirement for some travel destinations.

*We want to be sure you are on the right tour! Below is a description of the physical requirements of the tour. If you are concerned about the difficulty, please contact us about this and be sure to fully explain your concerns. We want to make sure you have a wonderful time with us, so if you are uncomfortable with the requirements, just let us know and we can help you find a better fitting tour! Field Guides will not charge you a change or cancellation fee if you opt out within 10 days of depositing.*

## Physical requirements of this tour

- **TRAILS & WALKING:** Moderate amounts of walking (1-2 miles in morning, 1-2 miles in afternoon), mostly on roadways or good dirt or sandy trails. We occasionally step off the trails to pursue a bird of interest.
- **POTENTIAL CHALLENGES:** We will likely stand for long periods to observe flocks of birds, and a substantial part of some mornings may be spent on foot. At some archeological sites, climbing the steps or the slope of a temple can be tricky (walking sticks may be helpful).
- **PACE:** Early morning starts, with breakfast at 5:30-6:00 a.m. followed by birding until lunch. On most days, there is a break after lunch, followed by optional afternoon birding.
- **WEATHER:** Weather in Yucatan is warm to hot and usually sunny. Expect temperatures in the low 60s in the early morning, warming up quickly into the mid-80s to mid-90s F by mid-morning.
- **VEHICLE SEATING:** So that each participant has equal opportunity during our travel, we employ a seat rotation system on all tours. Participants will need to be flexible enough to maneuver to the back of the vehicle on occasion. Those who experience motion sickness will need to bring adequate medication for the duration of the tour, as we are not able to reserve forward seats for medical conditions.
- **BATHROOM BREAKS:** Whenever possible, we use modern, indoor restrooms, but on occasion, participants must be prepared to make a comfort stop in nature.
- **OPTING OUT:** Where we are staying multiple days in the same lodging, participants can easily opt to sit out a day or sometimes a half-day. This will not be possible on days when we are changing locations.

While we will certainly attempt to see all of the bird species we encounter, we will make a special effort to find the endemic and local specialties of the Yucatan. Some of these are quite common and conspicuous, while others take more time or may be the focus of a visit to a certain locale.

If you are uncertain as to whether this tour is a good match for your abilities, please don't hesitate to contact our office; if they cannot directly answer your queries, they will put you in touch with the guide.

## About the Birding Areas

**Celestun** is situated in the coastal zone of the northern Yucatan—a narrow band of unique (and somewhat magical-looking) arid scrub, with many epiphytic and terrestrial orchids, bromeliads, and tall, stately, flowering agaves. We should find Black-throated Bobwhite, the tiny, endemic Mexican Sheartail, the large Yucatan Wren, and the recently elevated Yucatan Gnatcatcher, all of which nest in the littoral scrub. This is also a good area for Olive-throated Parakeet, as well as shorebirds such as Black-necked Stilt, Greater and Lesser yellowlegs, Willet, and Solitary, Spotted, Stilt, and Western sandpipers. While here, we'll take a boat trip onto the Estero de Celestun, famous for its concentration of American Flamingos.

The ruins of **Uxmal** feature massive blocks of masonry faced with a veneer of thin and beautifully cut stone. We'll take time to explore this extraordinary site, as well as the dense surrounding woodland that shares with Chichen Itza many of the Yucatan's characteristic birds. Species to watch for include Collared Forest-Falcon, Lesser Roadrunner, Barred Antshrike, Bright-rumped Attila, Green Jay, Gray-throated Chat, Painted Bunting, and Orange Oriole. We'll have another chance to try for nightbirds here.



The spectacular ruins of **Chichen Itza** lie nestled in semi-deciduous forest. One of the largest of the ancient Mayan cities, its core area covers nearly two square miles, with scores of buildings, more than 80 *sacbe* (ancient paved roads, which extend off in all directions), and at least 13 ballcourts, including the largest and best preserved in all of Mesoamerica. Among the unique features of this ancient site are a pair of deep *cenotes*—huge sinkholes filled with fresh water. The woodland surrounding the site's restored buildings and our nearby hotel hold such species as Laughing Falcon, White-fronted Parrot, Golden-olive Woodpecker, Wedge-tailed Sabrewing, Turquoise-browed and Lesson's (Blue-crowned) Motmot, Boat-billed Flycatcher, White-bellied Wren, Masked and Black-crowned tityras, Rose-throated Becard, Clay-colored Thrush, Blue Bunting, and Yellow-winged Tanager.

**Sian Ka'an Biosphere Reserve**, located east of Felipe Carrillo Puerto, is a premier natural area in the Quintana Roo state of the Yucatan Peninsula. It is an area rich in diversity, with more than 345 species recorded in the reserve. The seasonal rainforest is the most luxuriant anywhere on our route, and holds a host of birds, some of which aren't likely elsewhere on the tour. We will explore two of the premier birding roads in this area, where we should see a nice mix of species characteristic of the wetter lowland forests of the Yucatan. This area is home to Thicket Tinamou, Ocellated Turkey, Singing Quail, Scaled Pigeon, Blue Ground-Dove, Canivet's Emerald, Wedge-tailed Sabrewing, White-bellied Emerald, Gartered, Black-headed, and Collared trogons, Keel-billed Toucan, Yellow-lored Parrot, Black-faced (Mayan) Antthrush, Rose-throated Tanager, and a plethora of flycatchers, becards, and tityras. Nightbirds tend to be quite quiet at this time of year, but on at least one evening, we'll go in search of Mottled Owl, Northern Potoo, Yucatan Poorwill, and Yucatan Nightjar.

The island of **Cozumel** lies some 12 miles off the eastern coast of the Yucatan peninsula. Measuring roughly thirty miles long by twelve miles wide, it is covered by low, dense tropical evergreen forest, with mangroves fringing the shore in places. Species such as Green-breasted Mango, Bananaquit, Western Spindalis, Caribbean Elaenia, Smooth-billed Ani, and White-crowned Pigeon lend a definite West Indian flavor to the island's avifauna, and Cozumel is also the place where we are most likely to find Mangrove Cuckoo, Yellow-lored Parrot, Black Catbird, and Yellow-faced Grassquit. Other species we could see include Ruddy Crake, Yucatan Woodpecker, and Yucatan Vireo. A pair of endemics is possible here; Cozumel Emerald and Cozumel Vireo. Sadly, a third endemic, the Cozumel Thrasher, was all but wiped out by a series of hurricanes starting in September 1988, and the species hasn't been recorded anywhere for more than two decades!



*One of the endemics we'll find on Cozumel is the Cozumel Emerald. Photograph by guide Chris Benesh.*

## Itinerary for Mexico: Yucatan & Cozumel

**Day 1, Sat, 18 Nov. Arrival in Merida.** As participants from North America will be arriving on different flights today, your guide will not be able to meet everyone at the airport. When you have cleared customs in Merida, please take a shared minibus or van to our hotel. You can buy a ticket at a counter just outside the baggage claim area, and catch the shared taxi outside. The trip to our hotel is short, though the exact trip length will vary depending on how many other stops the taxi makes. (They try to group hotel guests, so that the number of stops is minimized.) Called the "White City," Merida is rich in history, and the central plaza and market are within easy walking of our hotel. We'll gather this evening by the hotel lobby at 6:30 p.m. to discuss the week's plans and head for dinner. Night Merida.

**Day 2, Sun, 19 Nov. Merida to the Estero de Celestun.** We will have an early departure to travel west to Celestun. This morning's highlight will be a boat trip through the Estero de Celestun, a broad, mangrove-lined inlet that is the winter feeding ground for several thousand American Flamingos, at least some of which should have arrived by the time of our tour. Formerly part of the Greater Flamingo complex, this species is far more colorful than its Old World cousins. With luck, we may also see Bare-throated Tiger-Heron, Boat-billed Heron, Rufous-necked Wood Rail, Common Black Hawk, and the diminutive American Pygmy Kingfisher. Night in Celestun.

**Day 3, Mon, 20 Nov. Celestun to Uxmal.** This morning we will track down any remaining specialties of the cactus thornscrub and mangrove lined lagoon habitats here, including Lesser Yellow-headed Vulture, Yucatan Gnatcatcher, Yucatan Wren, Mexican Sheartail, and various shorebirds. After lunch, we will head south to the impressive Mayan site of Uxmal, where we'll spend the next two nights. We should arrive in time for some afternoon birding near our hotel before dinner. Afterwards, you may choose to visit the ruins for the evening sound and laser show (presented in Spanish) if you wish. Night in Uxmal.

**Day 4, Tue, 21 Nov. Uxmal.** We'll spend the early morning birding the road to Campeche which can be great for Gray-throated Chat, Yucatan Flycatcher, becards, orioles, and more. After breakfast, we'll visit the well-preserved ruins of Uxmal that feature buildings made of massive blocks of masonry faced with a veneer of thin and beautifully cut stone. We'll take time to explore this extraordinary site, as well as the dense surrounding woodland that shares with Chichen Itza many of the Yucatan's characteristic birds. Species to watch for include Laughing Falcon, Lesser Roadrunner, Golden-olive Woodpecker, Barred Antshrike, Bright-rumped Attila, Green Jay, the beautiful Gray-throated Chat, Painted Bunting, and Orange Oriole. After dinner, we'll offer another night-birding opportunity for the region's specialties. Night at Uxmal.

**Day 5, Wed, 22. Nov. Uxmal to Chichen Itza.** We'll have some more time this morning to track down any elusive specialties before starting our journey eastward to Chichen Itza. We should arrive in time to look for some of the area's dry-forest birds. Night at Chichen Itza.

**Day 6, Thu, 23 Nov. Chichen Itza and drive to Sian Ka'an.** We'll rise early today to continue our search for the area's birds. Later in the morning, we'll explore the ancient ruins of Chichen Itza with the help of a professional guide. Dominated by the massive step pyramid of El Castillo, Chichen Itza is renowned as one of the New World's most impressive archaeological sites. It includes the famous Ballcourt, scene of a remarkable ball game that, according to some theories, ended with the execution of some of the players! After lunch, we will depart for Felipe Carrillo Puerto. FCP is located adjacent to the **Sian Ka'an Biosphere Reserve**, one of the wildest areas in northern Central America. It is host to a variety of species that are not found elsewhere on the Yucatan Peninsula and is well away from the tourist crowds. We'll have a couple of days to explore this area, with birding along Camino Vigia Chico and a visit to Laguna Ocom. Night at Felipe Carrillo Puerto.



*We'll visit the spectacular ruins of Uxmal and Chichen Itza, where we'll have a chance to bird among such sights as the Magician's Temple at Uxmal. Photograph by participant Michel Metayer.*

**Day 7, Fri, 24 Nov. Sian Ka'an Biosphere Reserve.** We will spend today exploring more of the relatively lush lowland forest of the reserve. This area has the highest diversity of species in the region. We will likely spend the morning along trails near the Laguna Ocom. Weather permitting, we might do some owling this evening. Night in Felipe Carrillo Puerto.

**Day 8, Sat, 25 Nov. Morning at Sian Ka'an and transfer to Cozumel Island.** Today we will make our way eastward to Playa del Carmen where we will take a ferry ride across to Cozumel Island. This tiny island is home to a variety of endemic species and subspecies, including the Cozumel Vireo and Cozumel Emerald. One of the more distinctive birds is the Cozumel form of House Wren, which by many accounts should be a full species. Night on Cozumel.

**Day 9, Sun, 26 Nov. Cozumel.** We will have the full day to explore the island and all of its specialties. Night on Cozumel.

**Day 10, Mon, 27 Nov. Cozumel; departure for home.** Cozumel is a great place to relax and enjoy sea breezes and snorkeling. Opportunities exist for extending a visit on this relaxing island. Participant schedules will vary today depending on international flight arrangements. *Safe travels!*

## About Your Guides

**Chris Benesh** grew up birding in California. After earning his degree in zoology, he joined the Field Guides staff, and his life underwent a wonderful transformation. The intervening years at Field Guides have taken him to many corners of the world and across both the Arctic and Antarctic circles! Chris's passion for education has led to his serving on the Arizona Bird Committee, leading the occasional workshop, and—we must add—thoroughly explaining in admirable detail the nuances of flycatchers to tour participants and colleagues alike. His schedule includes tours to many parts of North America, Panama, Mexico, Australia, and occasionally Peru. He lives in Tucson.

*"I would travel with **Chris Benesh** anywhere, any time. He is calm, pleasant, and good-humored. He is not only brilliant at spotting and finding birds, but equally brilliant at ensuring that every member of the group gets a great look at the bird." B.M., Arizona's Second Spring*

A **local guide** will be added as tour size warrants.

Visit <https://fieldguides.com/our-staff/> for Chris's complete tour schedule; just click on his photo.

## Financial Information

**FEE: \$4125 from Cozumel**

**DEPOSIT:** \$400 per person

**FINAL PAYMENT DUE:** May 22, 2023

**SINGLE SUPPLEMENT (Optional):** \$825

**LIMIT:** 12

**Special Note: Tour fees may be subject to change due to the global economic effects of COVID-19.**

We have published the itinerary and price for this tour with the understanding that during these uncertain times we are likely to encounter unforeseen changes. Some of our tours may incur higher costs due to increases in currency exchange rate fluctuations or COVID-19 related fees imposed by countries and/or suppliers. Travel and hospitality companies all over the world have been adversely affected by the pandemic, and there is no guarantee that all of the lodging and transportation we have booked for this tour will still be available at the time of departure. We hope to maintain our services as indicated in our itinerary as well as our published tour fee. However, if changes are required we will make every effort to maintain the quality of the itinerary as it is published with the most appropriate substitutions available. Should any necessary changes or other unforeseen causes result in an increase in service rates to us, we reserve the right to pass on those increases in fees to the tour participant.

## Other Things You Need to Know

**TOUR MANAGER:** The manager for this tour is Nicole Cannon. Nicole will be happy to assist you in preparing for the tour. If you have any questions, please don't hesitate to call her!

**DOCUMENTS:** **For US citizens traveling to Mexico, a current passport is necessary to reenter the United States.**

If you are not a US citizen, please check with the Mexican consulate nearest you for entry requirements. Information about consulates and entry requirements is generally available online or you can contact us and we will be happy to look this up for you. Passports should have an adequate number of blank pages for the entire journey. Some countries require a blank page for their stamp and as a precaution it is best to have one blank page per country you will visit or transit.

**As noted above, all participants and your Field Guides guide(s) will be required to have completed a full course of vaccination at least two weeks prior to the tour. Be sure to share proof of such vaccination with our office and bring a physical copy of your vaccination proof on tour.**

**AIR ARRANGEMENTS:** Please note that the tour begins in Merida and ends in Cozumel. Please call our office for the best fare from your home. Field Guides is a full service travel agency and your tour manager will be happy to assist you with flights to join this tour. Field Guides does not charge a service fee for these services to clients booking a tour. However, we understand that tech-savvy clients often prefer to shop online or that you may wish to use mileage to

purchase tickets. Regardless of which method you choose, your tour manager will be happy to provide assistance regarding ticket prices and schedules, along with rental cars and extra hotel nights as needed.

Please be sure to check with your tour manager prior to purchasing your ticket to make sure the flights you have chosen will work well with the tour itinerary and that the tour is sufficiently subscribed to operate. Once purchased, most airline tickets are non-refundable and carry a penalty to change. Field Guides cannot be responsible for these fees. **Also, it is imperative that we receive a copy of your comprehensive flight itinerary—including any and all flights not covered in the tour fee—so that we may track you in the event of missed connections, delays, or other mishaps.**

**LUGGAGE:** Please be aware that many airlines have recently modified their luggage policies and are charging additional fees for checked bags. Updates could easily occur before your departure, so you may wish to contact your airline to verify the policy. Additional charges for bags on any flights, whether these are covered by the tour fee or not, will be the client's responsibility.

**TOUR INCLUSIONS/EXCLUSIONS:** The **tour fee** is **\$4125** for one person in double occupancy from Merida and ending in Cozumel. It includes all lodging from Day 1 through Day 9, all meals from dinner on Day 1 through dinner on Day 9, all ground transportation, entrance fees, and the guide services of the tour leader(s). Tipping at group meals and for drivers, porters, and local guides is included in your tour fee and will be handled for the group by your Field Guides leader(s). However, if you would like to recognize your Field Guides leader(s) or any local guide(s) for exceptional service, it is entirely appropriate to tip. We emphasize that such tips are optional and not expected.

The above fee does not include your airfare to and from Mexico, airport taxes, visa fees, any checked or carry-on baggage charges imposed by the airlines, any alcoholic beverages, phone calls, laundry, or other items of a personal nature.

The **single supplement** for the tour is **\$825**. If you do not have a roommate but wish to share, we will try to pair you with a roommate from the tour; but if none is available, you will be billed for the single supplement. Our tour fees are based on double occupancy; one-half the cost of a double room is priced into the tour fee. The single supplement is calculated by taking the actual cost of a single room and subtracting one-half the cost of a double room (plus any applicable taxes).

**TOUR REGISTRATION:** To register for this tour, please contact us at [fieldguides.com/contact-us/](https://fieldguides.com/contact-us/). Our office will be in touch with you by email by the next business day (Mon-Fri) with instructions on how to complete our new electronic registration form and medical questionnaire. (We are no longer accepting the paper version.)

Please mail your **deposit of \$400** per person, or see <https://fieldguides.com/payment-options/> for our Payment Options. **Full payment** of the tour fee is due **180 days** prior to departure, or **by May 22, 2023**. **We will bill you for the final payment at either 180 days or when the tour has reached sufficient subscription to operate, whichever date comes later.** Since the cost of your trip insurance and airline tickets is generally non-refundable, please do not finalize these purchases until you have received final billing for the tour or have been advised that the tour is sufficiently subscribed to operate by your tour manager.

**TOUR LIMITS:** Our limits are firm and we don't exceed the limit by one to accommodate a couple when only one space remains open.

**SMOKING:** Almost all of our clients prefer a smoke-free environment. If you smoke, please be sensitive to the group and refrain from smoking at meals, in vehicles, and in proximity to the group on trails and elsewhere.

**CANCELLATION POLICY:** Refund of deposit and payment, less \$100 handling fee, will be made if cancellation is received up to 180 days before departure. If cancellation occurs between 179 and 90 days before the departure date, 50% of the tour fee is refundable. Thereafter, all deposits and payments are not refundable and non-transferable.

Our cancellation policy only applies to payments made to Field Guides for tour (and any services included in those fees). Airline tickets not included in the tour fee and purchased separately often carry penalties for cancellation or change, or are sometimes totally non-refundable. Additionally, if you take out trip insurance the cost of that insurance is not refundable, so it is best to purchase the policy just prior to making full payment for the tour or at the time you purchase airline tickets, depending upon the airline's restrictions.

The right is reserved to cancel any tour prior to departure. In most such cases, full refund will constitute full settlement to the passenger. Note this exception, however: If you have been advised pre-tour that there is a non-refundable portion of your tour fee no matter the reason for Field Guides cancellation of the tour, that portion will not be refunded. The right is reserved to substitute in case of emergency another guide for the original one.

**TRIP CANCELLATION & MEDICAL EMERGENCY INSURANCE:** We strongly recommend you consider purchasing trip cancellation (including medical emergency) insurance to cover your investment in case of injury or illness to you or your family prior to or during a trip. Because we must remit early (and substantial) tour deposits to our suppliers, you acknowledge and agree that we will not issue a refund when cancellation occurs outside of our cancellation policy as published in the itinerary (see CANCELLATION POLICY). In addition, the Department of State strongly urges Americans to consult with their medical insurance company prior to traveling abroad to confirm whether their policy applies overseas and if it will cover emergency expenses such as a medical evacuation. US medical insurance plans seldom cover health costs incurred outside the United States unless supplemental coverage is purchased. Furthermore, US Medicare and Medicaid programs do not provide payment for medical services outside the United States.

When making a decision regarding health insurance, Americans should consider that many foreign doctors and hospitals require payment in cash prior to providing service and that a medical evacuation to the United States may cost well in excess of \$50,000. Uninsured travelers who require medical care overseas often face extreme difficulties. When consulting with your insurer prior to your trip, please ascertain whether payment will be made to the overseas healthcare provider or whether you will be reimbursed later for expenses that you incur.

US citizens will receive information from us regarding optional tour cancellation/emergency medical insurance. Our agent, CSA, will insure for trip cancellation and interruption, medical coverage, travel delay, baggage loss and delay, and emergency medical transportation. If you purchase the insurance prior to, or within 24 hours of making final payment for the tour, and cover all non-refundable parts of the trip (including any non-refundable flights and in some cases, other arrangements), pre-existing conditions are covered. You may purchase your CSA policy on-line by visiting our website at <https://fieldguides.com/trip-cancellation-insurance/> and clicking the link to CSA. The CSA webpage also includes a contact number.

**Currently we are unable to offer CSA insurance policies to residents of New York and Hawaii.** We have had clients provide positive feedback after acquiring insurance thru InsureMyTrip (<https://www.insuremytrip.com/>) in the past, and would suggest that company as an alternative. When purchasing insurance with a company other than CSA, you will want to understand whether the timing of your purchase will affect coverage before paying your first deposit. Insurance purchase requirements can vary from company to company, and such requirements could limit your options if you do not look into this until making your final payment for your tour. Please let us know if you have any questions about this.

Please note, once the insurance is purchased it is non-refundable, so please check with your tour manager prior to making the purchase to assure the tour will operate as scheduled. Citizens of other countries are urged to consult their insurance broker.

**RESPONSIBILITY:** For and in consideration of the opportunity to participate in the tour, each tour participant and each parent or legal guardian of a tour participant who is under 18 agrees to release, indemnify, and hold harmless Field Guides Incorporated, its agents, servants, employees, shareholders, officers, directors, attorneys, and contractors as more fully set forth in the Release and Indemnity Agreement on the registration form. Field Guides Incorporated acts only as an agent for the passenger in regard to travel, whether by railroad, motorcar, motorcoach, boat, airplane, or other means, and assumes no liability for injury, damage, loss, accident, delay, or irregularity caused by defect in such vehicles or for any reason whatsoever, including the acts, defaults, or bankruptcies of any company or person engaged in conveying the passenger or in carrying out the arrangements of the tour. You acknowledge and agree that Field Guides Incorporated is not responsible for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, or other causes. The tour participant shall bear all such losses and expenses. Field Guides Incorporated reserves the right to substitute hotels of similar category for those indicated and to make any changes in the itinerary where deemed necessary or caused by changes in air schedules. Field Guides Incorporated reserves the right to decline to accept or to retain any person as a member of any tour. Baggage is at owner's risk entirely.

Participants should be in good health and should consult a physician before undertaking a tour. If you have questions about the physical requirements of a tour, please contact our office for further information. Participants should prepare for the tour by reading the detailed itinerary, the information bulletin, and other pertinent matter provided by Field Guides. Each participant is responsible for bringing appropriate clothing and equipment as recommended in our bulletins.

**THE RECEIPT OF YOUR TOUR DEPOSIT SHALL BE DEEMED TO BE CONSENT TO THE ABOVE CONDITIONS. EACH TOUR PARTICIPANT AND EACH PARENT OR LEGAL GUARDIAN OF A TOUR PARTICIPANT WHO IS UNDER 18 SHALL SIGN AND DELIVER THE RELEASE AND INDEMNITY AGREEMENT AT THE TIME OF REGISTRATION.**

12/21 – MEC  
2/23-CB; 3/23-NC; peg 4/23