

Trip Report — Panama's Canopy Tower & Lodge I 2025

January 26-February 2, 2025 with John Coons, Alex Sanchez, and Danilo Rodriguez



With the Canopy Tower behind us we relaxed with a glass of wine after a full day birding in the forest of Pipeline Road (photo by guide John Coons).

We enjoyed a very nice week of birding at two of Panama's premier birding lodges, the Canopy Tower and Canopy Lodge. It was great to step out of the Panama City airport in to the tropical warmth and get a break from the winter cold at home. Several of us arrived at the Canopy Tower in the afternoon and after settling into our rooms had a chance to sit and watch hummingbirds at the feeders. We ended up seeing eight species with

White-necked Jacobins and Violet-bellied Hummingbirds being the most numerous and White-vented Plumeleteer and Black-throated Mango showing up once each. At the Tower we were joined by Alex Sanchez our long-time local guide who is amazing with his spotting ability, and his son Adrian who is learning the ropes of bird guiding. We all gathered on the top floor for dinner that evening where an Olingo appeared in a tall tree out the window.



One of the prettiest of the antbirds, this Spotted Antbird came confidently close to us at the army ant swarm we watched for 45 minutes at the Discovery Center near Pipeline Road (photo by participant Joe Trapani).

We spent our first morning watching the sun rise from the top of the Canopy Tower as the forest awoke around us.



This male Barred Antshrike, wearing his black and white striped jail get-up, was ironically perched amongst the razor wire of the Ammo Dump compound (photo by participant Jeannie Hartzell).

We were out early the next morning to head to the Discovery Center Tower to view the canopy species at first light.



This Tawny-crested Tanager, captured through the vegetation by participant Joe Trapani, was seen a handful of times around the Canopy Lodge grounds.

The following morning, we packed up and took the Canopy van to the nearby Camino de Cruces for some dry forest birding.



One of the dazzlers we saw from the top the Canopy Tower was this male Shining Honeycreeper which is rocking his color against a green background (photo by Joe Trapani).

Our final day of birding found us driving off after breakfast for the Pacific lowlands.



Sunbittern is a strange bird that is uncommonly encountered at the Canopy Lodge. We were treated to great views of one hopping about on the boulders in the stream near the Lodge (photo by participant Jeannie Hartzell).

Mammals encountered on our trip included:

Pallas's Mastiff Bat (*Molossus molossus*)

Geoffroy's Tamarin (*Saguinus geoffroyi*)

Lemurine Night Monkey (*Aotus lemurinus*) also called Owl Monkey; it was a treat to see two of them

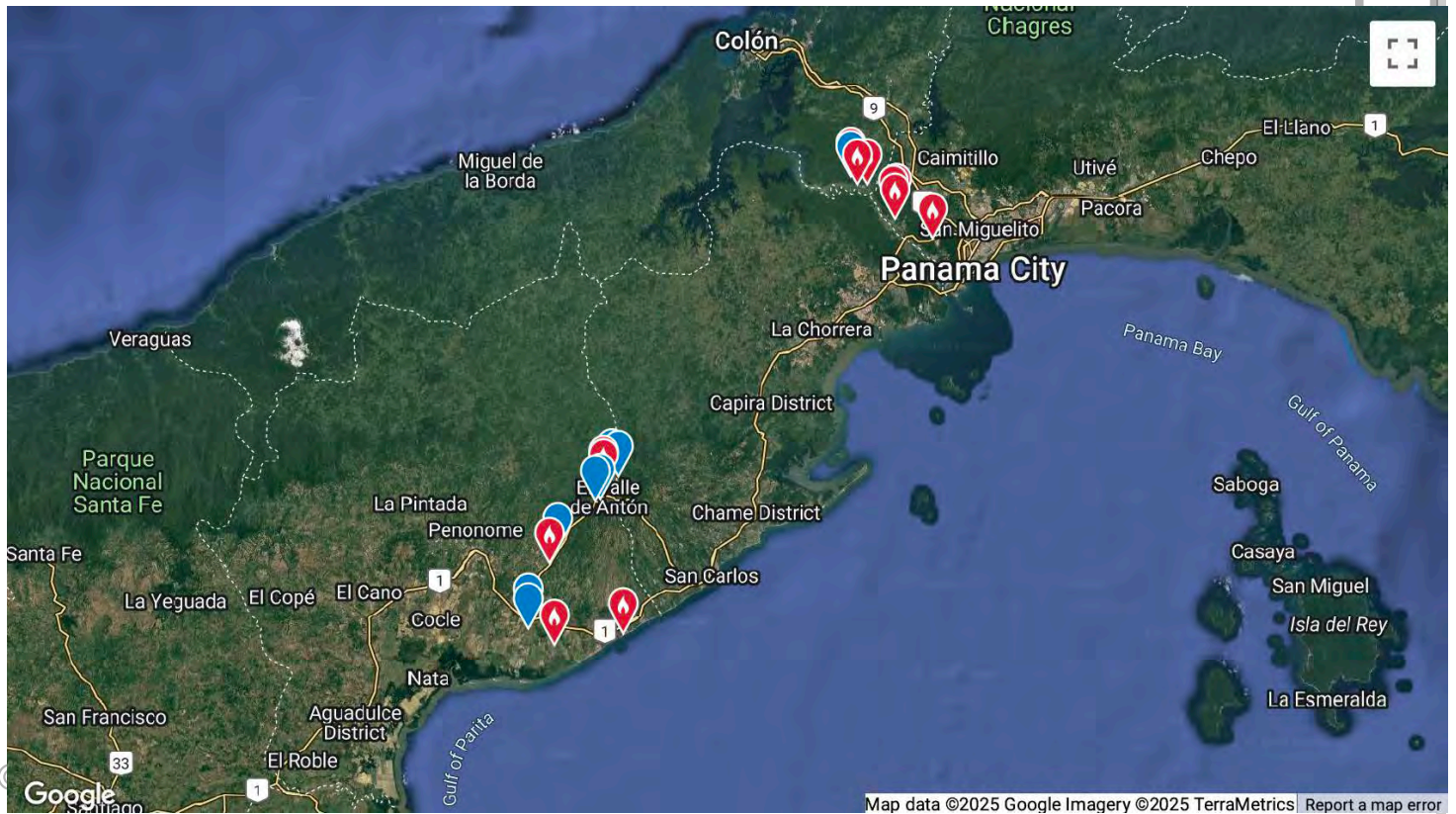
You can see my complete trip report on eBird at this link: <https://ebird.org/tripreport/326922>

John Coons

Field Guides Birding Tours--Panama's Canopy Tower & Lodge I, 2025 (with John Coons, Alex Sanchez, and Danilo Rodriguez)



26 Jan – 1 Feb 2025 (7 days) Link-only



Panama

Coclé | Colón | Panamá

John Coons

261

Species Observed

26

Checklists

LIFERS 1

Species Observed

Show all details

1 **Great Tinamou** *Tinamus major*


























1 **Little Tinamou** *Crypturellus soui*




























1 **Muscovy Duck** *Cairina moschata*


























14	Gray-headed Chachalaca <i>Ortalis cinereiceps</i>	▶ 4
1	Crested Bobwhite <i>Colinus cristatus</i>	▶ 1
1	Rock Pigeon <i>Columba livia</i> *	▶ 1
11	Pale-vented Pigeon <i>Patagioenas cayennensis</i>	▶ 4
5	Scaled Pigeon <i>Patagioenas speciosa</i>	▶ 2
2	Short-billed Pigeon <i>Patagioenas nigrirostris</i>	▶ 1
4	Ruddy Ground Dove <i>Columbina talpacoti</i>	▶ 2
5	White-tipped Dove <i>Leptotila verreauxi</i>	▶ 2
14	Smooth-billed Ani <i>Crotophaga ani</i>	▶ 3
8	Groove-billed Ani <i>Crotophaga sulcirostris</i>	▶ 1
3	Squirrel Cuckoo <i>Piaya cayana</i>	▶ 2
2	Common Potoo <i>Nyctibius griseus</i>	▶ 1
14	Band-rumped Swift <i>Chaetura spinicaudus</i>	▶ 2
9	Short-tailed Swift <i>Chaetura brachyura</i>	▶ 2
18	White-necked Jacobin <i>Florisuga mellivora</i>	▶ 4
3	Long-billed Hermit <i>Phaethornis longirostris</i>	▶ 2
2	Stripe-throated Hermit <i>Phaethornis striigularis</i>	▶ 1
1	Black-throated Mango <i>Anthracothorax nigricollis</i>	▶ 1
1	Rufous-crested Coquette <i>Lophornis delattrei</i>	▶ 1
1	Violet-headed Hummingbird <i>Klais guimeti</i>	▶ 1
2	White-vented Plumeleteer <i>Chalybura buffonii</i>	▶ 2
3	Snowy-bellied Hummingbird <i>Saucerottia edward</i>	▶ 2
6	Rufous-tailed Hummingbird <i>Amazilia tzacatl</i>	▶ 4
4	Blue-chested Hummingbird <i>Polyerata amabilis</i>	▶ 1























15	Violet-bellied Hummingbird	<i>Chlorestes julie</i>	▶  4
2	Gray-cowled Wood-Rail	<i>Aramides cajaneus</i>	▶  2
2	Common Gallinule	<i>Gallinula galeata</i>	▶  1
7	Purple Gallinule	<i>Porphyrio martinica</i>	▶  3
5	White-throated Crake	<i>Laterallus albigularis</i>	▶  3
2	Killdeer	<i>Charadrius vociferus</i>	▶  1
25	Southern Lapwing	<i>Vanellus chilensis</i>	▶  2
10	Wattled Jacana	<i>Jacana jacana</i>	▶  4
1	Whimbrel	<i>Numenius phaeopus</i>	▶  1
1	Willet	<i>Tringa semipalmata</i>	▶  1
21	Laughing Gull	<i>Leucophaeus atricilla</i>	▶  1
34	Sandwich Tern	<i>Thalasseus sandvicensis</i>	▶  1
1	Royal Tern	<i>Thalasseus maximus</i>	▶  1
1	Sunbittern	<i>Eurypyga helias</i>	▶  1
3	Wood Stork	<i>Mycteria americana</i>	▶  2
21	Magnificent Frigatebird	<i>Fregata magnificens</i>	▶  3
1	Anhinga	<i>Anhinga anhinga</i>	▶  1
6	Neotropic Cormorant	<i>Nannopterum brasilianum</i>	▶  2
4	Rufescent Tiger-Heron	<i>Tigrisoma lineatum</i>	▶  2
1	Fasciated Tiger-Heron	<i>Tigrisoma fasciatum</i>	▶  1
1	Boat-billed Heron	<i>Cochlearius cochlearius</i>	▶  1
1	Black-crowned Night Heron	<i>Nycticorax nycticorax</i>	▶  1
2	Little Blue Heron	<i>Egretta caerulea</i>	▶  1
























5	Snowy Egret <i>Egretta thula</i>	▶  1
1	Striated Heron <i>Butorides striata</i>	▶  1
4	Green Heron <i>Butorides virescens</i>	▶  3
426	Western Cattle-Egret <i>Ardea ibis</i>	▶  3
11	Great Egret <i>Ardea alba</i>	▶  3
1	Great Blue Heron <i>Ardea herodias</i>	▶  1
25	Brown Pelican <i>Pelecanus occidentalis</i>	▶  2
3	King Vulture <i>Sarcoramphus papa</i>	▶  2
52	Black Vulture <i>Coragyps atratus</i>	▶  12
50	Turkey Vulture <i>Cathartes aura</i>	▶  12
5	Lesser Yellow-headed Vulture <i>Cathartes burrovianus</i>	▶  2
1	Osprey <i>Pandion haliaetus</i>	▶  1
2	White-tailed Kite <i>Elanus leucurus</i>	▶  2
1	Gray-headed Kite <i>Leptodon cayanensis</i>	▶  1
1	Black Hawk-Eagle <i>Spizaetus tyrannus</i>	▶  1
1	Ornate Hawk-Eagle <i>Spizaetus ornatus</i>	▶  1
1	Tiny Hawk <i>Microspizias superciliosus</i>	▶  1
1	Snail Kite <i>Rostrhamus sociabilis</i>	▶  1
3	Savanna Hawk <i>Buteogallus meridionalis</i>	▶  2
1	Roadside Hawk <i>Rupornis magnirostris</i>	▶  1
1	White Hawk <i>Pseudastur albicollis</i>	▶  1
1	Semiplumbeous Hawk <i>Leucopternis semiplumbeus</i>	▶  1
4	Broad-winged Hawk <i>Buteo platypterus</i>	▶  2
























2	Tropical Screech-Owl	<i>Megascops choliba</i>	▶  1
1	Choco Screech-Owl	<i>Megascops centralis</i>	▶  1
1	Ferruginous Pygmy-Owl	<i>Glaucidium brasilianum</i>	▶  1
1	Mottled Owl	<i>Strix virgata</i>	▶  1
3	Slaty-tailed Trogon	<i>Trogon massena</i>	▶  2
3	Black-tailed Trogon	<i>Trogon melanurus</i>	▶  3
2	White-tailed Trogon	<i>Trogon chionurus</i>	▶  1
4	Gartered Trogon	<i>Trogon caligatus</i>	▶  2
4	Northern Black-throated Trogon	<i>Trogon tenellus</i>	▶  3
2	Collared Trogon	<i>Trogon collaris</i>	▶  1
3	Lesson's Motmot	<i>Momotus lessonii</i>	▶  1
1	Whooping Motmot	<i>Momotus subrufescens</i>	▶  1
2	Rufous Motmot	<i>Baryphthengus martii</i>	▶  2
4	Broad-billed Motmot	<i>Electron platyrhynchum</i>	▶  3
2	Ringed Kingfisher	<i>Megaceryle torquata</i>	▶  2
1	Amazon Kingfisher	<i>Chloroceryle amazona</i>	▶  1
2	Green Kingfisher	<i>Chloroceryle americana</i>	▶  2
4	Black-breasted Puffbird	<i>Notharchus pectoralis</i>	▶  2
5	White-whiskered Puffbird	<i>Malacoptila panamensis</i>	▶  3
2	Northern Emerald-Toucanet	<i>Aulacorhynchus prasinus</i>	▶  1
2	Collared Aracari	<i>Pteroglossus torquatus</i>	▶  1
4	Yellow-throated Toucan	<i>Ramphastos ambiguus</i>	▶  3
29	Keel-billed Toucan	<i>Ramphastos sulfuratus</i>	▶  8
























1	Black-cheeked Woodpecker <i>Melanerpes pucherani</i>	▶ 1
6	Red-crowned Woodpecker <i>Melanerpes rubricapillus</i>	▶ 5
9	Crimson-crested Woodpecker <i>Campephilus melanoleucos</i>	▶ 5
2	Lineated Woodpecker <i>Dryocopus lineatus</i>	▶ 2
8	Cinnamon Woodpecker <i>Celeus loricatus</i>	▶ 4
2	Collared Forest-Falcon <i>Micrastur semitorquatus</i>	▶ 2
6	Crested Caracara <i>Caracara plancus</i>	▶ 2
8	Yellow-headed Caracara <i>Daptrius chimachima</i>	▶ 4
2	Peregrine Falcon <i>Falco peregrinus</i>	▶ 1
24	Orange-chinned Parakeet <i>Brotogeris jugularis</i>	▶ 9
4	Brown-hooded Parrot <i>Pyrilia haematotis</i>	▶ 1
7	Blue-headed Parrot <i>Pionus menstruus</i>	▶ 1
11	Red-lored Amazon <i>Amazona autumnalis</i>	▶ 3
2	Mealy Amazon <i>Amazona farinosa</i>	▶ 1
3	Brown-throated Parakeet <i>Eupsittula pertinax</i>	▶ 2
4	Fasciated Antshrike <i>Cymbilaimus lineatus</i>	▶ 2
1	Barred Antshrike <i>Thamnophilus doliatus</i>	▶ 1
9	Black-crowned Antshrike <i>Thamnophilus atrinucha</i>	▶ 4
2	Russet Antshrike <i>Thamnistes anabatinus</i>	▶ 1
2	Plain Antvireo <i>Dysithamnus mentalis</i>	▶ 1
2	Spot-crowned Antvireo <i>Dysithamnus puncticeps</i>	▶ 1
1	Checker-throated Stipplethroat <i>Epinecrophylla fulviventris</i>	▶ 1
3	Moustached Antwren <i>Myrmotherula ignota</i>	▶ 2

























- 3 **White-flanked Antwren** *Myrmotherula axillaris* ▶  2
- 1 **Dot-winged Antwren** *Microrhoptias quixensis* ▶  1
- 2 **Dusky Antbird** *Cercomacroides tyrannina* ▶  1
- 3 **Jet Antbird** *Cercomacra nigricans* ▶  1
- 1 **White-bellied Antbird** *Myrmeciza longipes* ▶  1
- 3 **Chestnut-backed Antbird** *Poliocrania exsul* ▶  2
- 6 **Bicolored Antbird** *Gymnopithys bicolor* ▶  1
- 5 **Spotted Antbird** *Hylophylax naevioides* ▶  3
- 4 **Ocellated Antbird** *Phaenostictus mcleannani* ▶  1
- 2 **Black-faced Antthrush** *Formicarius analis* ▶  2
- 1 **Olivaceous Woodcreeper** *Sittasomus griseicapillus* ▶  1
- 5 **Plain-brown Woodcreeper** *Dendrocincla fuliginosa* ▶  3
- 3 **Northern Barred-Woodcreeper** *Dendrocolaptes sanctithomae* ▶  2
- 4 **Cocoa Woodcreeper** *Xiphorhynchus susurrans* ▶  2
- 1 **Black-striped Woodcreeper** *Xiphorhynchus lachrymosus* ▶  1
- 1 **Straight-billed Woodcreeper** *Dendroplex picus* ▶  1
- 3 **Northern Plain-Xenops** *Xenops mexicanus* ▶  2
- 1 **Lance-tailed Manakin** *Chiroxiphia lanceolata* ▶  1
- 6 **Velvety Manakin** *Lepidothrix velutina* ▶  2
- 2 **Golden-collared Manakin** *Manacus vitellinus* ▶  2
- 1 **Red-capped Manakin** *Ceratopipra mentalis* ▶  1
- 4 **Purple-throated Fruitcrow** *Querula purpurata* ▶  2
- 4 **Blue Cotinga** *Cotinga nattererii* ▶  1


2	Black-crowned Tityra <i>Tityra inquisitor</i>	▶  1
4	Masked Tityra <i>Tityra semifasciata</i>	▶  4
1	Speckled Mourner <i>Laniocera rufescens</i>	▶  1
1	White-winged Becard <i>Pachyramphus polychopterus</i>	▶  1
1	Ruddy-tailed Flycatcher <i>Terentotriccus erythrurus</i>	▶  1
1	Black-tailed Flycatcher <i>Myiobius atricaudus</i>	▶  1
2	Ochre-bellied Flycatcher <i>Mionectes oleagineus</i>	▶  2
2	Yellow-green Tyrannulet <i>Phylloscartes flavovirens</i>	▶  1
4	Black-capped Pygmy-Tyrant <i>Myiornis atricapillus</i>	▶  1
2	Scale-crested Pygmy-Tyrant <i>Lophotriccus pileatus</i>	▶  1
6	Southern Bentbill <i>Oncostoma olivaceum</i>	▶  3
6	Common Tody-Flycatcher <i>Todirostrum cinereum</i>	▶  3
3	Black-headed Tody-Flycatcher <i>Todirostrum nigriceps</i>	▶  2
1	Eye-ringed Flatbill <i>Rhynchocyclus brevirostris</i>	▶  1
1	Western Olivaceous Flatbill <i>Rhynchocyclus aequinoctialis</i>	▶  1
6	Yellow-winged Flatbill <i>Tolmomyias flavotectus</i>	▶  3
6	Brown-capped Tyrannulet <i>Ornithion brunneicapillus</i>	▶  4
1	Southern Beardless-Tyrannulet <i>Camptostoma obsoletum</i>	▶  1
1	Yellow Tyrannulet <i>Capsiempis flaveola</i>	▶  1
3	Yellow-crowned Tyrannulet <i>Tyrannulus elatus</i>	▶  2
4	Forest Elaenia <i>Myiopagis gaimardii</i>	▶  2
2	Choco Elaenia <i>Myiopagis parambae</i>	▶  1
6	Yellow-bellied Elaenia <i>Elaenia flavogaster</i>	▶  3

1	Mistletoe Tyrannulet <i>Zimmerius parvus</i>	▶  1
3	Acadian Flycatcher <i>Empidonax virescens</i>	▶  1
1	Northern Scrub-Flycatcher <i>Sublegatus arenarum</i>	▶  1
1	Bright-rumped Attila <i>Attila spadiceus</i>	▶  1
1	Rufous Mourner <i>Rhytipterna holerythra</i>	▶  1
1	Dusky-capped Flycatcher <i>Myiarchus tuberculifer</i>	▶  1
6	Panama Flycatcher <i>Myiarchus panamensis</i>	▶  3
2	Great Crested Flycatcher <i>Myiarchus crinitus</i>	▶  2
6	Lesser Kiskadee <i>Philohydor lictor</i>	▶  3
4	Great Kiskadee <i>Pitangus sulphuratus</i>	▶  2
4	Boat-billed Flycatcher <i>Megarynchus pitangua</i>	▶  4
7	Rusty-margined Flycatcher <i>Myiozetetes cayanensis</i>	▶  4
6	Social Flycatcher <i>Myiozetetes similis</i>	▶  4
1	Gray-capped Flycatcher <i>Myiozetetes granadensis</i>	▶  1
21	Tropical Kingbird <i>Tyrannus melancholicus</i>	▶  10
11	Fork-tailed Flycatcher <i>Tyrannus savana</i>	▶  2
1	Rufous-browed Peppershrike <i>Cyclarhis gujanensis</i>	▶  1
6	Green Shrike-Vireo <i>Vireolanius pulchellus</i>	▶  3
15	Lesser Greenlet <i>Pachysylvia decurtata</i>	▶  5
3	Golden-fronted Greenlet <i>Pachysylvia aurantiifrons</i>	▶  2
2	Yellow-green Vireo <i>Vireo flavoviridis</i>	▶  1
6	Black-chested Jay <i>Cyanocorax affinis</i>	▶  4
7	Mangrove Swallow <i>Tachycineta albilinea</i>	▶  3

- 2 **Gray-breasted Martin** *Progne chalybea* ▶  2
- 27 **Southern Rough-winged Swallow** *Stelgidopteryx ruficollis* ▶  4
- 1 **Barn Swallow** *Hirundo rustica* ▶  1
- 4 **Long-billed Gnatwren** *Ramphocaenus melanurus* ▶  3
- 2 **White-browed Gnatcatcher** *Polioptila bilineata* ▶  1
- 1 **Scaly-breasted Wren** *Microcerculus marginatus* ▶  1
- 8 **Southern House Wren** *Troglodytes musculus* ▶  3
- 1 **Black-bellied Wren** *Pheugopedius fasciatoventris* ▶  1
- 1 **Rufous-breasted Wren** *Pheugopedius rutilus* ▶  1
- 2 **Rufous-and-white Wren** *Thryophilus rufalbus* ▶  1
- 4 **Bay Wren** *Cantorchilus nigricapillus* ▶  3
- 1 **Buff-breasted Wren** *Cantorchilus leucotis* ▶  1
- 2 **White-breasted Wood-Wren** *Henicorhina leucosticta* ▶  2
- 5 **Song Wren** *Cyphorhinus phaeocephalus* ▶  1
- 5 **Tropical Mockingbird** *Mimus gilvus* * ▶  3
- 14 **Clay-colored Thrush** *Turdus grayi* ▶  5
- 2 **House Sparrow** *Passer domesticus* * ▶  1
- 10 **Yellow-crowned Euphonia** *Euphonia luteicapilla* ▶  6
- 4 **Thick-billed Euphonia** *Euphonia laniirostris* ▶  2
- 2 **Tawny-capped Euphonia** *Euphonia anae* ▶  1
- 1 **Rosy Thrush-Tanager** *Rhodinicichla rosea* ▶  1
- 2 **Black-striped Sparrow** *Arremonops conirostris* ▶  1
- 1 **Eastern Meadowlark** *Sturnella magna* ▶  1

6	Crested Oropendola <i>Psarocolius decumanus</i>	▶  1
10	Chestnut-headed Oropendola <i>Psarocolius wagleri</i>	▶  5
13	Scarlet-rumped Cacique <i>Cacicus uropygialis</i>	▶  3
8	Yellow-rumped Cacique <i>Cacicus cela</i>	▶  3
4	Yellow-backed Oriole <i>Icterus chrysater</i>	▶  2
1	Baltimore Oriole <i>Icterus galbula</i>	▶  1
3	Shiny Cowbird <i>Molothrus bonariensis</i>	▶  2
2	Giant Cowbird <i>Molothrus oryzivorus</i>	▶  2
25	Great-tailed Grackle <i>Quiscalus mexicanus</i>	▶  5
4	Northern Waterthrush <i>Parkesia noveboracensis</i>	▶  3
1	Golden-winged Warbler <i>Vermivora chrysoptera</i>	▶  1
1	Prothonotary Warbler <i>Protonotaria citrea</i>	▶  1
2	Tennessee Warbler <i>Leiothlypis peregrina</i>	▶  2
5	Mourning Warbler <i>Geothlypis philadelphia</i>	▶  1
1	Kentucky Warbler <i>Geothlypis formosa</i>	▶  1
13	Bay-breasted Warbler <i>Setophaga castanea</i>	▶  7
2	Yellow Warbler <i>Setophaga petechia</i>	▶  2
2	Chestnut-sided Warbler <i>Setophaga pensylvanica</i>	▶  2
1	Yellow-rumped Warbler <i>Setophaga coronata</i>	▶  1
4	Chestnut-capped Warbler <i>Basileuterus delatirii</i>	▶  2
2	Buff-rumped Warbler <i>Myiothlypis fulvicauda</i>	▶  2
2	Canada Warbler <i>Cardellina canadensis</i>	▶  2
4	Dusky-faced Tanager <i>Mitrospingus cassinii</i>	▶  1

2	Summer Tanager <i>Piranga rubra</i>	▶  2
1	Red-crowned Ant-Tanager <i>Habia rubica</i>	▶  1
4	Red-throated Ant-Tanager <i>Driophlox fuscicauda</i>	▶  1
2	Blue Seedeater <i>Amaurospiza concolor</i> 	▶  1
2	Gray-headed Tanager <i>Eucometis penicillata</i>	▶  1
10	White-shouldered Tanager <i>Loriotus luctuosus</i>	▶  4
2	Tawny-crested Tanager <i>Tachyphonus delatrii</i>	▶  1
1	Flame-rumped Tanager <i>Ramphocelus flammigerus</i>	▶  1
8	Crimson-backed Tanager <i>Ramphocelus dimidiatus</i>	▶  4
10	Blue-gray Tanager <i>Thraupis episcopus</i>	▶  4
10	Palm Tanager <i>Thraupis palmarum</i>	▶  6
1	Golden-hooded Tanager <i>Stilpnia larvata</i>	▶  1
5	Plain-colored Tanager <i>Tangara inornata</i>	▶  2
9	Bay-headed Tanager <i>Tangara gyrola</i>	▶  2
1	Emerald Tanager <i>Tangara florida</i>	▶  1
5	Silver-throated Tanager <i>Tangara icterocephala</i>	▶  2
5	Blue Dacnis <i>Dacnis cayana</i>	▶  3
1	Shining Honeycreeper <i>Cyanerpes lucidus</i>	▶  1
11	Red-legged Honeycreeper <i>Cyanerpes cyaneus</i>	▶  3
1	Green Honeycreeper <i>Chlorophanes spiza</i>	▶  1
1	Wedge-tailed Grass-Finch <i>Emberizoides herbicola</i>	▶  1
6	Variable Seedeater <i>Sporophila corvina</i>	▶  2
3	Slate-colored Seedeater <i>Sporophila schistacea</i>	▶  2

- 3 **Bananaquit** *Coereba flaveola* ▶  1
 - 6 **Yellow-faced Grassquit** *Tiaris olivaceus* ▶  2
 - 2 **Buff-throated Saltator** *Saltator maximus* ▶  2
 - 1 **Streaked Saltator** *Saltator striatipectus* ▶  1
-